



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021
Office Hours: Tues - Fri: 9:00am - 3.30pm
Phone: 9366 1310, Fax: 9366 9359
Email: stalbanssouth@cam.org.au
Website: www.holyeuchariststalbans.org



SIXTH SUNDAY IN ORDINARY TIME YEAR B

13 & 14 FEBRUARY 2021

REDEMPTORIST COMMUNITY

Mission Leader

Fr Peter Danh CSsR

Parish Priest

Fr Vincent Long Pham CSsR

Assistant Parish Priest

Fr Vinsensius (Lovin) Lolo CSsR

Fr Oche Matutina CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P.Meat

MASS TIMES

Online Only Mass Times

Sunday: 10:30am English

12:00pm Vietnamese

Live streaming on:

1. **Parish Facebook Page:**

<https://www.facebook.com/HolyEucharistChurch>

2. **Parish Youtube Channel:**

bit.ly/HolyEucharistYoutube

3. Parish Website: you can join

the live mass or join at any time

convenient to you. [http://](http://www.holyeuchariststalbans.org/mass_stream.html)

www.holyeuchariststalbans.org/mass_stream.html

4. [https://](https://www.facebook.com/StAlbansOfficial)

[www.facebook.com/](https://www.facebook.com/StAlbansOfficial)

[StAlbansOfficial](https://www.facebook.com/StAlbansOfficial)

[StAlbansOfficial](https://www.facebook.com/StAlbansOfficial)

FOODBANK open Fridays

10.30am until 2.00pm. More de-

tails call Charlie 03 9366 1310.

RCIA: Please contact Br. An-

thony Gatt on 0419 115 692 or

call the Parish Office for more

details.

LENT SEASON

STATIONS OF THE CROSS



Commencing **Friday**

19th February at

8.30am in the Church

until the 27th March.

This will replace Ado-

ration of the Blessed Sacrament on Fridays during the time of Lent.

PARISH MULTICULTURAL DAY

Holy Eucharist Parish Multicultural

Day - **Sunday 21st March 2021:**

This will be celebrated at the

10.30am Mass, all other weekend

Masses will also be celebrated at

there usual times. We warmly invite

all nationalities in our Parish Com-

munity to join this Parish Event.

Kindly contact the Parish Office if

you wish to participate or take part

in this special celebration of the Eu-

charist uniting all Nationalities in our

Parish. Yes we are many but we are

all one in Christ. ALL ARE WEL-

COME

COVID ANNOUNCEMENT

Dear Parishioners,

You would be aware of the Victorian

government's announcement to re-

turn to **Stage 4 Restrictions effec-**

tive 11.59pm Friday 12th February

2021

at least until 17th February 2021 .

For the sake of safety and the life of

many, there is **NO public Mass in**

our Church until further notice.

Thank you for your understanding

and cooperation.

Stay safe.

God bless us and protect us.

#27 UPDATE: GENERAL GUIDELINES

COVID-19 Implications for the Cath-
olic Archdiocese of Melbourne.

Information Updated: Friday 12 Feb-
ruary, 5:00pm

The emergency "circuit breaker"

announced by the Government

today returns us to Stage 4 re-

strictions as of 11:59pm tonight

(Friday 12 February 2021).

Restrictions will remain in place

until 11:59pm Wednesday 17 Feb-

ruary 2021, unless otherwise di-

rected.

Essentially:

- **Places of worship must re-
main closed with the excep-
tion of live streaming of ser-
vices and funerals (with
limited numbers).**

- **Weddings and Baptisms
must be postponed.**

- **Fitted face coverings must
be worn at all times.**

- **Funerals are permitted 10
mourners + the minimum
required to conduct the fu-
neral.**

- **Livestreaming is permitted
5 people including the cele-
brant and technicians.**

ASH WEDNESDAY

The current restrictions will be in

place for Ash Wednesday. As a

result, the imposition of Ashes

may be moved to the nearest op-

portunity for distribution once

this period of restriction is fin-

ished. Further instructions will be

forthcoming.

These Guidelines will go up on

the Archdiocesan website as soon

as possible, and we will continue

to keep you informed as new in-

formation comes to light.

THE LIVING WORD

First Reading Lv 13:1-2. 44-46

A reading from the book of Leviticus

As long as he is unclean, he must live alone, outside the camp.

The Lord said to Moses and Aaron, 'If a swelling or scab or shiny spot appears on a man's skin, a case of leprosy of the skin is to be suspected. The man must be taken to Aaron, the priest, or to one of the priests who are his sons.

'The man is leprous: he is unclean. The priest must declare him unclean; he is suffering from leprosy of the head. A man infected with leprosy must wear his clothing torn and his hair disordered; he must shield his upper lip and cry, "Unclean, unclean". As long as the disease lasts he must be unclean; and therefore he must live apart; he must live outside the camp.'

Responsorial Psalm Ps 31:1-2. 5. 11. R. v.7

(R.) I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

1. Happy the man whose offence is forgiven, whose sin is remitted.

O happy the man to whom the Lord imputes no guilt, in whose spirit is no guile. (R.)

2. But now I have acknowledged my sins; my guilt I did not hide.

I said: 'I will confess my offence to the Lord.'

And you, Lord, have forgiven the guilt of my sin. (R.)

3. Rejoice, rejoice in the Lord, exult, you just!

O come, ring out your joy, all you upright of heart. (R.)

Second Reading 1 Cor 10:31 – 11:1

A reading from the first letter of St Paul to the Corinthians

Be imitators of me, as I am of Christ.

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone – to Jews or Greeks or to the Church of God; just as I try to be helpful to everyone at all times, not anxious for my own advantage but for the advantage of everybody else, so that they may be saved. Take me for your model, as I take Christ.

Gospel Acclamation Lk 7:16

Alleluia, alleluia!

A great prophet has appeared among us;

God has visited his people.

Alleluia!

Gospel Mk 1:40-45

A reading from the holy Gospel according to Mark

The leprosy left him and he was cured.

A leper came to Jesus and pleaded on his knees: 'If you want to' he said 'you can cure me.' Feeling sorry for him, Jesus stretched out his hand and touched him. 'Of course I want to'

he said. 'Be cured!' And the leprosy left him at once and he was cured. Jesus immediately sent him away and sternly ordered him, 'Mind you say nothing to anyone, but go and show yourself to the priest, and make the offering for your healing prescribed by Moses as evidence of your recovery.' The man went away, but then started talking about it freely and telling the story everywhere, so that Jesus could no longer go openly into any town, but had to stay outside in places where nobody lived. Even so, people from all around would come to him.

REFLECTION ON SUNDAY GOSPEL

What is it to be reckoned unclean, untouchable? Some years ago my son was watching the old movie Ben Hur in which some lepers appeared, and he was shocked to see how they had to live. He'd heard about lepers but never realised if you had a skin condition you were cast out completely. This is the fate of the leper in today's gospel, who then does the unthinkable and throws himself down before Jesus, pleading to be cured – 'if you want to' – to be made clean, so he might be restored to society. 'Feeling sorry for him' Jesus reaches out and touches him saying, 'Of course I want to, be cured.' And he's freed.

The transmitting of infection becomes in Jesus' touch the transmitting of healing, of God's liberation. Come before him in faith and God happens. There follows a strict warning that he tell no one and immediately report to the priest, as the Mosaic law stipulates in the first reading. Despite this, the man proceeds to tell everyone his good news, so that Jesus now has to live as the leper once did, isolated, far from the towns he had frequented and had to retreat from, previously; but the news travels fast and people come to him from everywhere.

Who do we reckon to be unclean, untouchable? Who have we discarded, turned away from? It's only when we face into the truth of our lives that we can enter into this situation. As Jesus does here and at other liberating moments in the early chapters of Mark's gospel; and it's what brings him finally to the cross, to the moment where he faces into the truth of all our lives, and frees us.

But what happens if we change two words in the gospel? If 'feeling sorry' becomes 'getting angry'. That's what it says in some of the early manuscripts, but it doesn't necessarily fit with our idea of Jesus. Is he angry at the leper for defying the law, or perhaps, less personally, at the demonic undoing of our lives? Either might make sense, though the second more so. However, what if he's angry at the likelihood of his being turned into a celebrity healer, whose healings excite the people and threaten to derail his mission?

Is this why he warned the man not to tell anyone and why he retreated from the towns previously? It's something we hear being spoken of throughout Mark's gospel, as when Peter insists on Jesus being a certain sort of Messiah – not one who dies on a cross – and Jesus says 'get behind me Satan', because it's the cross that will reveal him and God's love. If we insist on Jesus being a celebrity healer, we'll miss the truth of his life and our own.

Anger and sorrow meet in this gospel and through them we hear the call to act as he does, bringing us, at last, face to face with one another, before God.

By Damian Coleridge

I WANT TO PRAY BUT STRUGGLE WITH MY SCHEDULE – WHAT DO I DO?

Dear Father John, I am a busy executive and struggle to make time for prayer. What should I do? I do want to improve my prayer life but I just struggle with time.

The desire to improve your prayer life is a sign of God's presence and action in your soul. Be grateful for it and rest assured that God, "who began a good work in you will carry it on to completion..." (Phil 1:6). In other words, as you make the effort, God will guide you (he already is). Trust in that. Then consider four other points:

1. Beware of Perfectionism:

Sometimes our desire for perfection is the enemy of progress. For instance, in the spiritual enthusiasm following a good retreat, we can often make unrealistic resolutions, e.g. "I am going to spend a full hour every day in meditative prayer," or "I am going to pray the entire Liturgy of the Hours before I go to work." Over-achievers especially struggle with this tendency. Instead of being satisfied with a moderate work out three times a week they feel they are not living up to their potential unless they cram in six hour-long workouts every week – as if they were still training for elite track meets instead of raising a family and running a business. With that attitude, they never get regular exercise at all; their unrealistic ideal of perfection keeps them from the basic maintenance work out that they really need. So, ask yourself: am I being unrealistic in my expectations for what constitutes a healthy amount of time for prayer, considering my life-situation?

2. Consistency, Consistency, Consistency:

Work on quality and regularity rather than quantity. It is probably realistic to take ten minutes a day to speak heart-to-heart with Christ. Choose the same ten-minute slot each day, as best you can. Then add in another daily prayer commitment – maybe a decade of the Rosary on the drive home, or a 2-minute stop at the statue of Mary in the Parish parking lot before you pull into your driveway, or five minutes thanking God for the blessings of the day before you go to sleep (this is a beautiful prayer to pray together with your spouse). Along with your daily prayer commitment, have another one each week – a holy hour (or a holy half-hour), a family Rosary on Saturday evening, arriving 15 minutes early for Sunday Mass, one extra Mass each week (maybe during your lunch hour on Thursday)... Then add something extra for each liturgical season: a family

visit to a nearby Marian shrine in the Easter Season, a morning of reflection during Advent, a retreat during Lent... Once you have identified reasonable commitments, do your best to stick to them. Keep track of you how do, and at the end of each month, adjust them – adding or subtracting commitments, increasing or decreasing time, as necessary. Remember, these are commitments you are making to Christ, and he knows your schedule, so if you're simply making a decent effort to stay united to him, you will be growing and he will be pleased. It's an ongoing thing.

3. Find Good Resources:

One of the biggest obstacles to growth in prayer is not knowing what to do once we actually get to our prayer time. Busy people need a good resource to help focus their attention on Christ. The Better Part: A Christ-Centered Resource for Personal Prayer was designed to be exactly that, a resource to help busy, active people go deeper in their prayer life. My own Order produces daily meditation guides distributed by email. Keep looking for material that helps you connect quickly and deeply with Christ, and that fits into your scheduled prayer commitments. Ask around, try different things... Prayer is like walking: we all follow the same basic principles when we do it, but we each do so in a very personalized way.

4. Work as Worship:

Turn your work into prayer. Remember that the goal of our prayer is to know, love, and follow Christ better and better. There is not meant to be a Maginot Line separating our prayer and our life activities. As the Catechism says, "we pray as we live, because we live as we pray" (#2752). Pursue excellence at work as a way of glorifying God and helping your neighbors; treat your peers and employees as Christ would treat them; make all that you do an offering to God; live virtue in the midst of temptations as a way of "glorifying God in your body" (1 Corinthians 6:20)... Striving to make all your work, hobbies, family responsibilities, and relationships into the "aroma of Christ for God" (2 Corinthians 2:15) is in itself a prayer pleasing to God. It helps live more and more in Christ's presence, bringing prayer and life closer together (though it never eliminates the need to dedicate time exclusively to God in prayer).

Much more could be said, but the key thing is just to keep trying to improve. Don't think you'll find the perfect formula – there is no such thing. It's a question of constancy and perseverance in our efforts, all the while trusting that God is always guiding us.

By Fr. John Bartunek

THIS IS HEY VOICE

We would like to invite youth and young adults in our parish to join The HEY Voice 2021.

Age group: 13-25 yrs old. Under 13 years old is able to register in a choir group.

Criteria:

- ◆ Performing in pairs, in 3, small groups or choir (not individual performance).
- ◆ Organize music instruments/bands on your own.
- ◆ Hill songs

Prizes: 1st Prize: \$500 voucher, 2nd Prize \$300 voucher and 3rd Prize \$200 plus Recognized Certificate and The Voice Trophies.

The Voice Calendar:

- ◇ Registration opens 13th Feb, closes 28th Feb
- ◇ Round 1: 6:30pm Fri. 19th March
- ◇ Round 2: 6:30pm Fri. 16th April
- ◇ Grand Final: Mother's Day 6:30pm 7th May

Registration Link: <http://bit.ly/HEYVOICE>.

Any questions please email: hey.stalbans@gmail.com or call 0467 517 202 (Fr. Lovin) and 0415 599 413 (Tammy).

"THIS IS HEY VOICE" JOURNEY will be published on our parish facebook page at: <https://www.facebook.com/HolyEucharistChurch>

REGISTER NOW AND READY TO SHINE YOUR VOICE. WE ARE LOOKING FORWARD TO SEEING YOU AND YOUR TEAM. GUESS WHO WILL BE OUR SPECIAL GUEST AND JUDGES??? STAY TUNED!!!

SCHOOL NEWS

Friday 12th February 2021

Dear Parents and Careers,

The government has announced today that schools will be closed on Monday 15th February, Tuesday, and Wednesday 17th February due to lockdown restrictions.

Please not that onsite supervision will be provided for

⇒ **Funded students (Students with a Disability, New arrivals, Refugee)**

⇒ **Out of Home Care/ Vulnerable students (DHHS)**

⇒ **Students whose parents are essential workers.**

**Regards,
Michael Bonnici
Principal**

PARISH OFFICE

Please Note the Parish Office will be closed Tuesday 16th & Wednesday 17th February due to Lockdown. Thank you for your cooperation.

CELEBRATIONS

Happy Lunar New Year especially to our Vietnamese Community as they celebrated in the Weekend. Good Luck with all the New Year plans. God bless.

Happy Feast to the South Sudanese Community as you celebrates the Feast of St Bakhita, Sunday the 14th. Hope you have a great celebration.

VOCATION VIEW

"Today's Gospel says that: "Jesus was moved with pity, when He saw a leper." Are you moved with love or pity when you see the outcast of today's society? Who will come forward to minister Christ today?"

LET US PRAY FOR

Prayers For The Sick

Toni Antonowicz, Linda Ratbone, Anna, Maria Kim, Yulette Tanner, Jessie Spiteri, Stella Sandle, Frank, Doris Carabott.

Recently Deceased

Mike Fenando, Francesca Puglia, Alfred Micallef, Claudia Crean, Lambertus Lolo, Ian James Hermence.

Anniversaries

Lambertus Ebo, Matilde Engo, Heribertus Dapa, Wilhelmus Wai Aja, Maximus Mite Wea, Fransiskus Oi Wea, Mario Pesa, Arnoldus Matutina, Tony Farrugia, Wigi & Sunta Briffa, Censu Grech, Leli Tonna, Maria Frendo, Adrian & David Camilleri, Joseph & Carmen Bajona, Joseph & Rita Micallef-Grimaud, Rose & Joe Sammut, John Joseph & Christine Montebello, Anthony, Mary & Frank Attard, Family Zammit, Charlie Grech, Josephine Bonanno, Joseph & Connie Agius, Anthony & Maria Bartolo, Soma, Emile & Anthony Ransinghe Lucky & Nihal Ellawala, Kenny Kanagaratnam, Rev. Fr. Kuriocose Catalano & Manatunga, Marika & Mio Salopek, Antonio Yelo, Mercia Canicula, Anthony Mallia, Richard Curmi, Iro & Jessie Vella, Anthony Gatt, Nazareni Spiteri, Antonio Mifsud, Philip Gaudi, George & Angela Bugeja, Wayne Camilleri, Bartolo family, Brincat & Galea family, Vincent Duong Kham Su, Mary Camilleri & Family, Joseph, Frank & John Xerri, Charlie Xerri, Lewis Spiteri, Raymond Abela and All Souls.

SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully acknowledges the Wurundjer people as the traditional custodians of the land on which we reside and worship.

All information used in accordance with the terms of our privacy policy.