



## HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021  
Office Hours: Tues - Fri: 9:00am - 3.30pm  
Phone: 9366 1310, Fax: 9366 9359  
Email: [stalbanssouth@cam.org.au](mailto:stalbanssouth@cam.org.au)  
Website: [www.holyeuchariststalbans.org](http://www.holyeuchariststalbans.org)



### NINETEENTH SUNDAY IN ORDINARY TIME YEAR B

7 & 8 AUGUST 2021

#### REDEMPTORIST COMMUNITY

Mission Leader

Fr Peter Danh CSsR

Parish Priest

Fr Vincent Long Pham CSsR

Assistant Parish Priest

Fr Vinsensius (Lovin) Lolo CSsR

Fr Oche Matutina CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P. Meat

#### SPECIAL NOTICE

Dear Parishioners,

Due to the Current Covid19 situation, the Church and Parish Office will be closed, therefore:

◆ **Tues-Sat:** No Community Masses until further notice

**Only Online Mass**

**Sunday:** 10:30am English

12:00pm Vietnamese

Live streaming on:

1. Parish Facebook Page:  
<https://www.facebook.com/HolyEucharistChurch>
2. Parish Youtube Channel:  
[bit.ly/HolyEucharistYoutube](http://bit.ly/HolyEucharistYoutube)
3. Parish Website: you can join the live mass or join at any time convenient to you.  
[http://www.holyeuchariststalbans.org/mass\\_stream.html](http://www.holyeuchariststalbans.org/mass_stream.html)
4. <https://www.facebook.com/StAlbansOfficials>

#### FEAST OF ST MARY OF THE CROSS (MACKILLOP)

This Sunday the **8th of August** is the Feast of St Mary Mackillop. May St Mary of the Cross, Pray for us and our Country.



#### OBSERVE THE FOLLOWING GUIDELINES

COVID-19 Implications for the Catholic Archdiocese of Melbourne Information Updated: 5 August 2021, 5.00pm

As of **8.00pm, Thursday 5 August 2021**, the following 'snap lockdown' measures will be applied across Victoria, and will extend for seven days or until otherwise notified.

- ⇒ Face masks must be worn inside and outdoors: everywhere except your own home.
  - ⇒ There will be 5 Reasons to leave home: 1) shopping for necessary goods and services within 5km); 2) caregiving or compassionate reasons; 3) authorised work or permitted education, or work interstate (if you can work from home, you must work from home); 4) exercise (up to two hour two hours, with one other person or members of your household; within 5km); 5) receive a vaccination.
  - ⇒ Private and public gatherings will not be permitted: Single person bubbles will be allowed.
  - ⇒ Religious ceremonies: Permitted only Livestreaming of 5 people present including technicians.
  - ⇒ Funeral permitted up to 10 people, Wedding only 5 people
- Thanks for your collaboration.  
God bless and protect us always

#### THE LIVING WORD

**First reading Exodus 1 Kings 17:8-16**

*The widow gives food to Elijah, and is fed*

And then the word of the Lord came to Elijah, 'Up and go to Zaphath, a Sidonian town, and stay there. I have ordered a widow there to give you food.' So he went off to Sidon. And when he reached the city gate, there was a widow gathering sticks; addressing her he said, 'Please bring me a little water in a vessel for me to drink.' She was setting off to bring it when he called after her. 'Please' he said 'bring me a scrap of bread in your hand.' 'As the Lord your God lives,' she replied 'I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.' But Elijah said to her, 'Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel: "Jar of meal shall not be spent, jug of oil shall not be emptied, before the day when the Lord sends rain on the face of the earth."' The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

**Responsorial Psalm Ps. 62(63):2-8**  
**My soul clings to you; your right hand holds me fast.**

O God, you are my God, for you I long;  
for you my soul is thirsting.

My body pines for you

like a dry, weary land without water.

**My soul clings to you; your right hand holds me fast.**

So I gaze on you in the sanctuary  
to see your strength and your glory.  
For your love is better than life,  
my lips will speak your praise.

**My soul clings to you; your right hand holds me fast.**

So I will bless you all my life,  
in your name I will lift up my hands.  
My soul shall be filled as with a banquet,  
my mouth shall praise you with joy.

**My soul clings to you; your right hand holds me fast.**

On my bed I remember you.  
On you I muse through the night  
for you have been my help;  
in the shadow of your wings I rejoice.

**My soul clings to you; your right hand holds me fast.**

**Second reading Colossians 3:12-17**

*Be clothed in love*

You are God's chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful. Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God; and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

**Gospel Acclamation Mt 27:55**

Alleluia, alleluia!

Many women were there by the cross, watching from a distance, the same women who had followed Jesus and looked after him.

Alleluia!

**Gospel Matthew 6:25-34**

*Do not worry about tomorrow: your holy Father knows your needs*

Jesus said to his disciples: 'I am telling you not to worry about your life and what you are to eat, nor about your body and how you are to clothe it. Surely life means more than food, and the body more than clothing! Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them. Are you not worth much more than they are? Can any of you, for all his worrying, add one single cubit to his span of life? And why worry about clothing? Think of the flowers growing in the fields; they never have to work or spin; yet I assure you that not even Solomon in all his regalia was robed like one of these. Now if that is how God clothes the grass in the field which is there today and thrown into the furnace tomorrow, will he not much more look after you, you men of little faith? So do not worry; do not say, "What are we to eat? What are we to drink? How are we to be clothed?"

It is the pagans who set their hearts on all these things. Your heavenly Father knows you need them all. Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well. So do not worry about tomorrow: tomorrow will take care of itself. Each day has enough trouble of its own.'

### REFLECTION ON THE GOSPEL

Jesus was a Jew, as was John, the author of the gospel. It may seem strange, therefore, that John has the "Jews" complaining about Jesus. It is indeed strange and it has caused many a reader to wonder. John seems to use the designation "Jew" as a code word for the opponents of Jesus. These opponents are almost exclusively Jewish leaders rather than the ordinary people who followed Jesus. The designation does not include all the Jewish leaders of course: Nicodemus and Joseph of Arimathea stand out as leaders who came to believe in Jesus as the Christ or Messiah and to take risks on account of their faith.

The complaint of the "Jews" relates to Jesus' claim, "I am the bread that came down from heaven". Jesus shares the world view or cosmology of his contemporaries: God is in the heavens above, so that anything or anyone coming from God in that world view comes down from heaven. The problem for his adversaries is that Jesus is one of them: they know his father Joseph and his forebears, so how can he be making such a claim? They make the mistake of thinking that this is all there is to know about his origins. "Don't complain" is Jesus' response to them. He proceeds to tell them that there are dimensions of his being of which they know nothing. And yet, they need to know, as do we. It is God who draws us to the teaching and to the way of Jesus. Like the opponents of Jesus, we need to listen and to learn, to be taught by God. We need bread in order to live and we also need the bread of God's teaching.

Jesus makes a future promise: the bread he offers is different from the bread the Israelites ate in the desert, in that those who eat of it will live forever. Furthermore, the bread that he will give for the life of the world is his flesh. This leads to further misunderstanding and the opportunity for Jesus to teach at another level. The eucharistic overtones in today's reading are subtle but nonetheless present, as they were in the feeding story.

John is writing some seventy years after the death of Jesus for communities that gathered every week for the breaking of the bread-in remembrance of him and of all that he enacted. Like the early Christians, we reflect on the meaning of eucharist. We recognise and honour the materiality of the bread that Jesus shares with all living creatures. At the same time, we are invited to reflect on the symbolic or metaphorical reso-

nances of both bread and flesh in the context of the claims of the Johannine Jesus. The question for us then becomes: "How do we live into this extraordinary mystery as we face the demands of our endangered planet and the challenge of dealing with the dislocating effects of pandemic?"

*By Veronica M. Lawson RSM*

### **POPE TO YOUTH IN MEDJUGORJE: FOLLOW CHRIST WITH COURAGE AND JOY**

*Pope Francis sends a message to young people gathered at Mladifest, the annual international prayer meeting being held from 1-6 August in Medjugorje, Bosnia-Herzegovina. Entrusting them to the example of Mary, the Pope invites them to believe in the fullness and true happiness giving oneself to God brings.*

The guiding theme of the youth festival underway in Medjugorje until August 6 is: "What must I do to inherit eternal life?" They cite the words of the rich young man of whom the Synoptic Gospels speak (cf. Mt 19:16-22; Mk 10:17-22; Lk 18:18-23), when he set out, or rather, ran to meet the Lord, to inquire about gaining eternal life, that is, happiness. Pope Francis sent his good wishes to the participants with a message offering some reflections on the theme.

#### **An occasion to encounter Jesus**

Mladifest, the Pope reminds his readers, is in fact a "week of prayer and encounter with Jesus Christ, especially in his living Word, in the Eucharist, in adoration and in the Sacrament of Reconciliation," which has the power to "set us on our way to the Lord." And so this young man of the Gospel, whose name we do not know but whose soul we do know, becomes the symbol of all those who participate in this event.

The Pope recalled that the young man recounted in the Gospels was "educated and very knowledgeable" and motivated with a "healthy restlessness that urged him to seek true happiness, life in its fullness". It is for this reason that he set out on his journey to find in Jesus Christ an "authoritative, credible and reliable" guide who "directed him to God, who is the one and supreme good from whom all other good comes". Eternal life, the good for which he yearns, the Pope writes, is certainly not a material good to be conquered with "one's own strength" but requires going through various stages of maturation.

#### **Making steps towards eternal life: loving one's neighbor**

The first step, indicated by Jesus, is "concrete love for one's neighbor," not the love given simply by the observance of precepts, rather a "gratuitous and total" love. Jesus notices the "desire for fullness that the young man carries in his heart", but also his "weak point", which is his attachment to "many material goods". For this reason, as a second step, Jesus suggests moving "from a logic of 'merit' to one of giving."

"If you wish to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven." (Mt 19:21). Jesus changes the perspective: he invites him not to think of securing the afterlife, but to give everything in his earthly life,

thus imitating the Lord. It is a call to further maturity, to pass from precepts observed to receive a reward, to one that is about love by giving freely without limit. Jesus asks him to leave behind all that weighs down the heart and hinders love. What Jesus recommends is not so much that everything be taken away as much as being free to love and rich in relationships with others.

#### **To be free from all attachments**

The Pope went on to explain that if the heart is crowded with possessions, the Lord and one's neighbor become merely "things", because "having and wanting too much" suffocate us and "make us unhappy and incapable of loving".

The third step that Jesus proposes to the young man marks a radical choice, the Pope observed when Jesus asks him: "Come! Follow me!" It is a matter of "being disciples of Jesus", which means, not imitating Him outwardly but "conforming to Him" deep in our hearts in order to receive in return "a rich and happy life, in the company of the many brothers and sisters, fathers, mothers and children".

Following Christ is not a loss, but an incalculable gain, the Pope writes, while renunciation concerns the obstacle that blocks this pathway. The rich young man, however, has his heart divided between two masters: God and money. The fear of risking and losing his possessions makes him return home sad.

#### **Drawing close to Christ to be happy: saying yes without holding back**

It marked a sad moment, because "he did not find the courage to accept the response, which is the proposal to 'untie himself' from himself and from riches in order to 'bind himself' to Christ, to walk with Him and discover true happiness", the Pope observed. He writes:

"Have the courage to live your youth by entrusting yourselves to the Lord and setting out with Him. Let yourselves be conquered by his loving gaze that frees us from the seduction of idols, from the false riches that promise life but bring death. Do not be afraid to welcome the Word of Christ and accept his call. Do not be discouraged like the rich young man in the Gospel; instead, fix your gaze on Mary, the great example of the imitation of Christ, and entrust yourselves to her who, with her affirmative response "Here I am", answered unreservedly to the Lord's call."

#### **Mary as an example for all of us**

May Mary, to whose maternal intercession the Pope entrusts the young people present at the Festival, be the source of the "strength" from which we draw to say our own "here I am", but also a model for "bringing Christ to the world" and for "transforming our lives into a gift for others". Like her, the Pope asks us to strive to be attentive to others and to discover in God's will "our joy", welcoming it even if it is not easy but with the certainty that "it will make us happy".

The Pope writes: "the joy of the Gospel fills the heart and the whole life of those who encounter Jesus. Those who allow themselves to be saved by Him are freed from sin, from sadness, from inner emptiness, from isolation. With Jesus Christ, joy is always born and reborn."

*By Gabriella Ceraso - Vatican City*

## HEY FORMATION NIGHT – HEY VOICE REUNION

### Your Heart With Music”.

**Age Group:** children, young people and families.

**Time:** 6:00pm Friday 13th August 2021.

**Venue:** Holy Eucharist Church

**Program:** Talk, Praise & Worship, Adoration, Group Discussion, Entertainment and Free Food.

For further information, please be in touch with Tammy 0415 599 413.

## INFORMATION SESSION FOR THE PERMANENT DIACONATE

### DO YOU FEEL LIKE BEING CALLED TO SERVE?

The Permanent Diaconate is open to single and married men who want to serve God and the Church as ordained ministers.

COME & SEE! Due to Covid restrictions the information session date has been moved into September. No longer on Saturday 14 August, the Information Session about the Permanent Diaconate will be held on Saturday 4 September, 10:00 -11.45 am at the Catholic Theological College (CTC), East Melbourne. For further information contact Deacon Kevin Pattison: [Kevin.Pattison@cam.org.au](mailto:Kevin.Pattison@cam.org.au)

For more information: Watch: Melbourne's Deacons <https://youtu.be/q2RhNDbtTS0> Watch: Pope Francis' 2020 Prayer Intention for Deacons <https://youtu.be/NuG99HD1LaY> Read More: [Brochure] <https://www.cam1.org.au/permanent-diaconate>. Contact: Office of the Permanent Diaconate (Phone) 03 9412 335 (Email) [diac-nate@cam.org.au](mailto:diac-nate@cam.org.au)

## VOLUNTEER NEEDED

Foodbank is asking for a Volunteer Driver to help with Thursday & Friday morning deliveries. Call the Parish Office on 9366 1310 for more details.

## READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

### Tues 9:00 AM, 10-08-21

Reader : Xuan Duong  
Eucharistic Min. Monica Lomen

### Wed 9:00 AM, 11-08-21

Reader: Carmen Camilleri  
Eucharistic Min. Elizabeth Delacruz

### Thur 9:00 AM, 12-08-21

Reader Shirley Krizmanic  
Eucharistic Min. Shirley Krizmanic

### Fri 9:00 AM, 13-08-21

Reader Helen Maddela  
Eucharistic Min. Catherine Bartolo

### Sat 5.00PM, 14-08-21

Lit. Coordinator: Reno Attard  
Charlie Pace  
Commentator: Alaistar Surrao  
Readers: Miriam Vella  
Anthony Naidu  
Eucharistic Min. Reno Attard,  
Alaistair Surrao & Anthony Naidu

### Sun 9.00 AM, 15-08-21

Lit. Coordinator: Monica Lomen  
Commentator Wilma Marmur  
Readers: Mini Eddy  
Shirley Krizmanic  
Eucharistic Min. Mini Eddy  
Shirley Krizmanic & Monica Lome

### Sun 10:30AM, 15-08-21

Lit. Coordinator: Taoete Afano  
Commentator Susan Hallorina  
Readers Cristina Pedroso  
Rita Martin  
Eucharistic Min. Taoete Afano  
Cristina Pedroso & Rita Martin

### Sun 6.00PM, 15-08-21

Lit. Coordinator Lani Laririt  
Commentator Rachel Rodrigoe  
Reader Lani Laririt  
Xuan Duong  
Eucharistic Min. Rachel Rodrigoe  
Lani Laririt  
Xuan Duong

## CHOIR GROUPS

### Saturday 14th August 2021

\* 5pm – Tavalo Family Choir

### Sunday 15th August 2021

- \* 9am - Charlie Schembri
- \* 10.30am - Holy Eucharist Family Choir
- \* 6pm - Volunteer Choir

## CLEANING ROSTER

Week Beginning 11 August 2021,  
Group 12: Vietnamese Women's League. Teresa Dinh Thi Ngoan & Ms Maria Pham Thi Tuyen.

## LET US PRAY FOR

### The Sick

Toni Antonowicz, Linda Ratbone, Anna, Maria Kim, Yulette Tanner, Jessie Spiteri, Stella Sandle, Frank, Doris Carabott.

### Recently Deceased

Fr. Russel Morison CSsR, Jose B. Medalle.

### Anniversaries

Josephi Mizzi (13th anniv.), Norberto Laririt, Criselda Fernandez, Angela Chircop, Maria Vu Thi Yeu Thuong, Peter Disco, Frank Kreuger, Richard Curmi, Iro & Jessie Vella, Anthony Gatt, Nazareno Spiteri, Antonio Mifsud, Philip Gauci, George & Angela Bugeja, Wayne Camilleri, Bartolo family, Brincat & Galea family, Vincent Duong Kham Su, Mary Camilleri & Family, Joseph, Frank & John Xerri, Charlie Xerri, Lewis Spiteri, Raymond Abela and All Souls.

## SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

## ACKNOWLEDGEMENT

*Holy Eucharist parish respectfully acknowledges the Wurundjer people as the traditional custodians of the land on which we reside and worship.*

## VOCATION VIEW

To taste and see the goodness of the Lord means to be drawn closer to God. "Try, then, to imitate God as children of His that He loves, and follow Christ by loving as He loved you." Be a presence of God's love in the world today. Do what you can to bring to life God's love.

All information used in accordance with the terms of our privacy policy.