



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021
Office Hours: Tues - Fri: 9:00am - 3.30pm
Phone: 9366 1310, Fax: 9366 9359
Email: stalbanssouth@cam.org.au
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FIFTH SUNDAY IN ORDINARY TIME YEAR C

5 & 6 FEBRUARY 2022

REDEMPTORIST COMMUNITY

Mission Leader

Fr Peter Danh CSsR

Parish Priest

Fr Vincent Long Pham CSsR

Assistant Parish Priest

Fr Vinsensius (Lovin) Lolo CSsR

Fr Oche Matutina CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P.Meat

MASS TIMES

- ◆ **Tues-Fri:** 9:00am
- ◆ **Saturday:** 6:00pm
- ◆ **Sunday:** 9:00am, 10:30am, 6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun Sudanese Mass - 3.00pm
- 3rd Sun Samoan Mass - 2.00pm
- 4th Sun Filipino Mass - 3.00pm

PRECA COMMUNITY

- Sacraments enquires and enrollments for all classes start from 8th February 2022 from 6.45pm onwards - Reconciliation, Holy Communion and Confirmation.

- RCIA enquires and enrollments at Preca Centre from 7th February 2022 from 6.45pm.

- Friday Youth group and families with children from 21st January 2022 from 6.45pm.

- For RCIA enquires put Br Tony Gatt - 0419115692.

BAPTISM- FEBRUARY

Congratulations to: **Allison Lin, Eden Lam Yuen, Ellie-Grace Marley, Francesco Bragiola, Gabriel Ernesto Galicia, Olivia Balchan, Kaiden Khang Nguyen, Skylar An Nguyen, Maria Laura Nguyen, Maria Mina Nguye, Amanda Bao Ngoc Anh Phan, Sophia Ngoc Anh Phan, Francis Lucas Ta, Dominic Oscar Ta, Rosa Chloe Nguyen, Anthony Michael Duc Duy Nguyen, Malia Talia Bao Anh Nguyen, Henry Doan, Jasmine Pham, Maria Sophia Nguyen, Emma Luu, Maria Huyen Dieu Tran, Maria Teagan Tran** who were baptized in the name of the Father and of the Son and of the Holy Spirit. You are welcome to be a part of our community faith.



THE LIVING WORD

First reading Isaiah 6:1-2,3-8

'Here I am: send me'

In the year of King Uzziah's death I saw the Lord of Hosts seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings. And they cried out to one another in this way, 'Holy, holy, holy is the Lord of Hosts. His glory fills the whole earth.' The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said: 'What a wretched state I am in! I am lost, for I am a man of unclean lips and I live among a people of unclean lips, and my eyes have looked at the King, the Lord of Hosts.' Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said: 'See now, this has touched your lips, your sin is taken away, your iniquity is purged.' Then I heard the voice of the Lord saying: 'Whom shall I send? Who will be our messenger?' I answered, 'Here I am, send me.'

Responsorial Psalm Ps. 137(138):1-5,7-8

In the sight of the angels I will sing your praises, Lord.

I thank you, Lord, with all my heart:
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple.

In the sight of the angels I will sing your praises, Lord.

I thank you for your faithfulness and love,
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

In the sight of the angels I will sing your praises, Lord.

All earth's kings shall thank you
when they hear the words of your mouth.
They shall sing of the Lord's ways:
'How great is the glory of the Lord!'

In the sight of the angels I will sing your praises, Lord.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

**In the sight of the angels I will sing your praises,
Lord.**

Second reading 1 Corinthians 15:3a-8,11

I preach what the apostles preach; and this is what you all believed.

Brothers, in the first place I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it. But what matters is that I preach what they preach, and this is what you all believed.

Gospel Acclamation Matt 4:19

Alleluia, alleluia!

Come follow me, says the Lord, and I will make you fishers of my people. Alleluia!

Gospel Luke 5:1-11

They left everything and followed him

Jesus was standing one day by the Lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats – it was Simon’s – and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, ‘Put out into deep water and pay out your nets for a catch.’ ‘Master,’ Simon replied, ‘we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.’ And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of Jesus saying, ‘Leave me, Lord; I am a sinful man.’ For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon’s partners. But Jesus said to Simon, ‘Do not be afraid; from now on it is men you will catch.’ Then, bringing their boats back to land, they left everything and followed him.

GOSPEL REFLECTION

“Put out into deep water and pay out your nets for a catch.” That is the crazy advice Jesus offers Simon Peter who has been fishing all night with his friends and returned to shore without a single catch. Having offered his advice, Jesus gets into Simon’s empty boat and teaches

the crowds from the boat. Simon no doubt has one ear on Jesus’ teaching as he and his despondent companions clean the nets and pack up ready to go home for a rest. The focus on Simon Peter in this call narrative certainly foreshadows the key role he will play as leader of the Twelve in Luke’s two-volume work. But this story is not just about Peter.

“Put out into deep water and pay out your nets for a catch.” This is what disciples are called to do, even if the odds of a catch seem very slim. Discipleship is about trust and about accepting that there are layers of reality and of mystery that cannot be plumbed alone or even in partnership. Like Peter, we have to acknowledge our limitations, our “~sinfulness’ in gospel terms. We are asked to leave “~everything’ and “~follow’ God’s anointed prophet, to live in our lives the pattern of Jesus’ life. The previous chapter has provided glimpses of that pattern: bringing good news to the destitute, healing to the sick and the broken, setting the captives free.

“Do not be afraid.” This is the other side of the coin. Peter needs to rely on God’s power to overcome the forces that interfere with the mission. “~Catching’ or “~netting’ people rather than fish will be his business in the future. The fishing metaphor is sustained throughout the passage. The big catch is symbolic of the success that Peter and his companions can expect, even if it is fraught with danger (the risk of torn nets and sinking boats). In the context of the gospel, “~catching people’ is not to be understood as a recruitment drive for the reign of God movement. It is, rather, a mission to bring the vulnerable safely to shore where they can know the compassion and justice and “~hospitality’ of God mediated through the lives of those who take up the challenge to live the “~good news’.

By Veronica Lawson RSM

TEN HABITS THAT WILL KEEP YOU PRESENT AT MASS

The Dogmatic Constitution on the Liturgy emphasizes a key point so as to derive the maximum fruit from every Mass with these words: “*To participate fully, actively, and consciously in the Mass...*” As a further stimulus to live out the Mass to the fullest extent possible, recall the words on the plaque in many of the Sacristies in Religious Communities, as a reminder to the priest-celebrant these words: “*Priest, man of God, celebrate this Mass as if it were your first Mass, your last Mass, and your only Mass.*”

This concept and attitude should be applied to all—priests and laity—who are present at any Holy Sacrifice of the Mass. We should never take the Holy Sacrifice of the Mass for granted, but have the highest love and respect for it. Indeed, in every Mass, heaven comes down to earth and earth is united to heaven.

This reflection will focus primarily on how we should all strive to participate fully, actively and consciously in every Mass. Indeed, the devil never sleeps nor does he go on vacation, especially in trying to keep us away from Mass. But also, if we do go to Mass, the devil will do all in his power to prevent us from participating fully and will try to distract us to the greatest extent possible.

Sacramental theology teaches us the key concept

of *dispositive grace* in the reception of the Sacraments. By this is meant: the graces we receive in the Sacraments are in direct proportion and commensurate with our disposition. In other words, the better the soul is disposed to receive absolution in the Sacrament of Penance or Holy Communion in the Sacrament of the Holy Eucharist, then the more abundant the graces. If you like, if we do not receive abundant graces, the fault is not to be found in the Sacrament itself—because there we encounter Jesus, the Son of the living God—but rather in ourselves, the poor recipients of the Sacrament. We can never blame God, but always ourselves!

This being the case, let us offer some practical action-items to help us to derive the maximum graces from every Holy Sacrifice of the Mass. Indeed how grateful we should be for the fact that we are Catholics and have at our disposal the greatest Gift this side of heaven—the Holy Sacrifice of the Mass and Holy Communion! As the Psalmist reminds us: “*As the deer yearns for the running waters, so does my soul yearn for you, O Lord my God.*” (Psalm 41:1)

1. Punctuality

Not only should we arrive on time, we should always strive to arrive early for Mass. It takes time to move from active-mode to contemplative-mode and to make this transition smoothly and efficaciously.

As athletes warm up before arriving on the playing field to commence the game, so in our spiritual exercise we must warm up to God. This takes time, effort and good will on our part. Furthermore, one of the key elements for arriving early for the Holy Sacrifice of the Mass can be that we can offer our own many intentions on the altar even before Mass begins.

2. Sacred Silence

The Prophet Isaiah entered the Temple in silence to encounter the thrice holy God. Jesus is truly present in every Tabernacle of the Catholic Church. Isaiah encountered God and received his sublime vocation as Prophet to all the nations in this silent but powerful encounter with God. Before the burning bush, in the silence God spoke to Moses, endowing and empowering him with the vocation to lead the chosen people out from the slavery of Egypt. Finally, Elijah encountered God on the Holy Mountain. Not in the fire, not in thunder, nor in the earthquake did Elijah encounter the Almighty God, but in the silent and gentle breeze.

As we enter the Church and draw close to our three-times holy God, we must shake the noise of the world from our sandals and enter into the Presence of God, who speaks to those who have quiet and contemplative hearts.

3. Genuflection

When walking in the Presence of Jesus, truly present in the Tabernacle, we should make a reverential gesture of adoration. This we call *the genuflection*. How? Quite simple! With hands folded in prayer, bow your right knee all the way to the ground, touching the ground with that knee, and then up! Easy, don't you think? Many have forgotten or never been taught to carry out this gesture of adoration toward the Lord of Lord's and the King of King's—Jesus in the Tabernacle! In times past,

this gesture was done in the presence of a King. Now we do it before the King of the Universe: Jesus the Lord!

4. Modesty

It must be expressed with great clarity, frankness, and charity—the real importance of modesty in dress, at all times, but most especially in the Presence of Jesus in the Tabernacle and the Holy Mass. We should never forget our obligation to give a good example at all times and places and in all circumstances.

Never forget our dignity and our eternal destiny. We are created in the image and likeness of God. Through Baptism, we are transformed into living Temples of the Blessed Trinity. Saint Paul points out that we are all called to be Ambassadors of Christ. Never do we want to be a cause of temptation and scandal for anyone, but most especially in the context of the Church and the Mass.

5. Guardian Angel: Ask for Their Help

At the very moment of our conception, God, in His infinite goodness, gave us a friend to help us arrive safely and securely at our eternal destiny. This person is our Guardian Angel. We should beg our Guardian Angel to help us to pay attention and to participate fully, actively and consciously in every Mass. If we beg for their help, they will be most pleased to help us!

6. Pray Ferently

The Priest is the celebrant of the Holy Sacrifice of the Mass, who acts in the person of Christ. But we must make a sincere effort to pray fervently during the whole entirety of the Mass. The Mass has infinite value, but if we are willfully distracted, then the goldmine of graces that are at our disposal will be lost. Every part, every word, every gesture in Holy Mass offers us unspeakable graces.

7. Listen Attentively

The first part of the Mass has classically been termed “*The Liturgy of the Word*.” Our attitude during the readings of God's Word (Really, God is speaking to us...) should be that of very attentive listening. If some person is speaking to us, to be willfully distracted is a sign of rudeness and bad-education. How much more serious to be willfully distracted when God is trying to speak to us through His divinely revealed Word. Our attitude should be that of the young Samuel in the Temple: “*Speak, O Lord, for your servant is listening.*”

8. Ignore Distractions in the Course of Holy Mass

Despite our goodwill and the goodwill of the priest-celebrant, distractions will come. We are all familiar with the huge litany of distractions. We should do all in our power to not allow these to distract us too much and take away our peace of heart, mind and soul. Once again, ask for your Guardian Angel's assistance.

9. Missal/Daily Readings

Many derive abundant fruit from following the Mass with the help of a Daily Missal, with both the prayers for the Mass, as well as the Readings. If this is a helpful tool for you to participate more fully, actively and consciously in the Holy Sacrifice of the Mass, then take advantage! We should do all in our power to engage ourselves as fully as possible in the Holy Sacrifice of the Mass. In fact, it would not be a bad idea to peruse the Readings of the Mass even before arriving at Holy Mass. This would fall into the category of remote preparation for Holy Mass.

10. The Blessed Virgin Mary & Holy Mass

In a later apparition to Sister Lucia of Fatima, she saw the altar of sacrifice. Above could be seen Jesus hanging on the cross with His Heart pierced. From His opened Heart, Blood was flowing into a chalice. Our Lady of Fatima was standing at the foot of the cross. Above the cross could be seen Heaven opened and God the Father contemplating His Son, Jesus sacrificed on the cross. In the form of a dove, the Holy Spirit is seen between the Father and the Son.

Saint Pope John Paul II comments that in every Holy Sacrifice of the Mass, Our Lady is present, as she was on Calvary at the foot of the cross when Jesus poured forth His Blood for love of us. Therefore, if we truly desire to derive the most abundant graces from the Holy Sacrifice of Holy Mass, then we should invite Our Lady to be present with us.

Nobody was closer to Jesus than His Mother Mary. Indeed, Mary can draw us closer and closer to the Eucharistic Heart of Jesus in every Sacrifice of Holy Mass.

By Fr. Ed Broom, OMV



Join Fr. Peter Carrucan in Celebrating a milestone.

On Saturday the 19 Feb. 2022 from 2pm-4.30pm.

Venue - St Augustines Parish Grounds, 631 Bourke St., Melbourne VIC 3000.

Note: - Please bring a platter to share and drinks for your consumption.

Contacts - Fr Peter Carrucan 0400 908 199 or Sharma Saunders 0409 122 654



READERS/COMMENTATOR/ COORDINATOR/EUCCHARISTIC MINISTERS

Tues 9:00 AM, 08-02-22

Reader Xuan Duong
Eucharistic Min. Monica Lomen

Wed 9:00 AM, 09-02-22

Reader Carmen Camilleri
Eucharistic Min. Volunteer

Thur 9:00 AM, 10-02-22

Reader Shirley Krizmanic
Eucharistic Min. Shirley Krizmanic

Fri 9:00 AM, 11-02-22

Reader Helen Maddela
Eucharistic Min. Catherine Bartolo

Sat 6.00 PM, 12-02-22

Lit. Coordinator: Charlie Pace
Reno Attard
Commentator: Wendy Forbes-Perera
Reader: Samoan Choir

Eucharistic Min. Alaistair Surrao
Anthony Naidu & Reno Attard

Sun 9.00 AM, 13-02-22

Lit. Coordinator: Monica Lomen
Commentator Shirley Krizmanic
Readers: Kelechi Kelechi
Wilma Marmur
Eucharistic Min. Shirley Krizmanic
Wilma Marmur & Monica Lomen

Sun 10:30AM, 13-02-22

Lit. Coordinator: Cristina Pedroso
Commentator Rita Martin
Reader Fa'aati Ierome
Christina Afano
Eucharistic Min. Cristina Pedroso
Br. Noel & Rita Martin

Sun 6.00PM, 13-02-22

Lit. Coordinator Rod Lalunio
Commentator Xuan Duong
Reader Larnie Medonza
Rod Lanunio
Eucharistic Min. Rod Lalunio
Lani Laririt & Xuan Duong

CHOIR GROUPS

Saturday 12th February 2022

* 6pm – Samoan Choir

Sunday 13th February 2022

* 9am - Charlie Schembri

* 10.30am - St Francis Choir

* 6pm - YFC Choir

CLEANING ROSTER

Week Beginning 9th February 2022
Group 12 - Vietnamese Women's
League: Teresa Dinh Thi Ngoan &
Ms Maria Pham Thi Tuyen.

SCHOOL IMPORTANT DATES

FEBRUARY

- * Mon 7th Feb -Grade Prep finish school at 1pm this week
- * Mon 14th Feb -Grade Prep are full time from now on
- * 21st-23rd Feb -Year 6 Camp at Doxa-Malmsbury
- * 22nd Feb -School Advisory Council Meeting (TBC)
- * Mon 28th Feb -Middle and Seniors Swimming Program STARTS TBC Keilor East

LET US PRAY FOR

The Sick

Ash Dominic Marguerite, Nithy Chellapa Shirley Dondasekera, Rachel Piskon, Toni Antonowicz, Linda Ratbone, Anna, Maria Kim, Yulette Tanner, Jessie Spiteri, Stella Sandle, Frank, Doris Carabott

Recently Deceased

Telma Dioses, Anthony Chircop, John Mercieca, Sena Ellawala, Ranjani Gonetilleke, Hema Somaratne Rafael Dela Cruz, Vincent Ciappara

Anniversaries

Ellawala Family, John & Mary Carmel, John Jr. Xerri, Camilleri & Vella Family, John Bezina, Charlie Galia, Norberto Laririt, Criselda Fernandez, Angela Chircop, Maria Vu Thi Yeu Thuong, Peter Disco, Frank Kreuger, Richard Curmi, Iro & Jessie Vella, Anthony Gatt, George & Angela Bugeja, Wayne Camilleri, Bartolo family, Brincat & Galea family, Vincent Duong Kham Su, Mary Camilleri & Family, Joseph, Frank & John Xerri, Charlie Xerri, Lewis Spiteri, Raymond Abela and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully acknowledges the Wurundjer people as the traditional custodians of the land on which we reside and worship.

VOCATION VIEW

God does not ask you to be successful: God does ask you to be faithful. Put your vocation ahead of your career.

All information used in accordance with the terms of our privacy policy.