



## HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021

Office Hours: Tues - Fri: 9:00am - 3.30pm

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SEVENTH SUNDAY IN ORDINARY TIME YEAR C

19 & 20 FEBRUARY 2022

### REDEMPTORIST COMMUNITY

#### Mission Leader

Fr Peter Danh CSsR

#### Parish Priest

Fr Vincent Long Pham CSsR

#### Assistant Parish Priest

Fr Vinsensius (Lovin) Lolo CSsR

Fr Oche Matutina CSsR

Fr Patrick Corbett CSsR

#### Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

#### Parish School Principal

Michael Bonnici PH: 8312 0900

#### Filipino Chaplain

Fr Joselito Asis

#### South Sudanese Chaplain

Deacon George B.P.Meat

#### MASS TIMES

- ◆ Tues-Fri: 9:00am
- ◆ Saturday: 6:00pm
- ◆ Sunday: 9:00am, 10:30am, 6:00pm  
12:00pm Vietnamese

#### Other Masses

- 1<sup>st</sup> & 2<sup>nd</sup> Sun Sudanese Mass - 3.00pm
- 3<sup>rd</sup> Sun Samoan Mass - 2.00pm
- 4<sup>th</sup> Sun Filipino Mass - 3.00pm

#### Holy Eucharist Parish is Celebrating its 50th Anniversary

Please join us for Mass,  
celebrated by

#### The Most Reverend Peter A Comensoli,

Archbishop of Melbourne,  
Sunday March 20, 2022 at  
10.30am.

Holy Eucharist Parish,  
1A Oleander Dr. St Albans VIC  
3021

Food & Entertainment  
following Mass.

No Masses at 9am, 12pm  
(Vietnamese) & 2pm(Samoan)

### THE LIVING WORD

#### First reading 1 Samuel 26:2,7-9,11-13,22-23

*Do not lift your hand against the Lord's anointed*

Saul set off and went down to the wilderness of Ziph, accompanied by three thousand men chosen from Israel to search for David in the wilderness of Ziph. In the dark David and Abishai made their way towards the force, where they found Saul lying asleep inside the camp, his spear stuck in the ground beside his head, with Abner and the troops lying round him. Then Abishai said to David, 'Today God has put your enemy in your power; so now let me pin him to the ground with his own spear. Just one stroke! I will not need to strike him twice.' David answered Abishai, 'Do not kill him, for who can lift his hand against the Lord's anointed and be without guilt?' The Lord forbid that I should raise my hand against the Lord's anointed! But now take the spear beside his head and the pitcher of water and let us go away.' David took the spear and the pitcher of water from beside Saul's head, and they made off. No one saw, no one knew, no one woke up; they were all asleep, for a deep sleep from the Lord had fallen on them. David crossed to the other side and halted on the top of the mountain a long way off; there was a wide space between them. He called out, 'Here is the king's spear. Let one of the soldiers come across and take it. The Lord repays everyone for his uprightness and loyalty. Today the Lord put you in my power, but I would not raise my hand against the Lord's anointed.'

#### Responsorial Psalm Ps. 102(103):1-4,8,10,12-13

**The Lord is kind and merciful.**

My soul, give thanks to the Lord  
all my being, bless his holy name.

My soul, give thanks to the Lord  
and never forget all his blessings.

**The Lord is kind and merciful.**

It is he who forgives all your guilt,  
who heals every one of your ills,  
who redeems your life from the grave,  
who crowns you with love and compassion.

**The Lord is kind and merciful.**

The Lord is compassion and love,  
slow to anger and rich in mercy.  
He does not treat us according to our sins  
nor repay us according to our faults.

**The Lord is kind and merciful.**

As far as the east is from the west  
so far does he remove our sins.  
As a father has compassion on his sons,  
the Lord has pity on those who fear him.

**The Lord is kind and merciful.**

#### Second reading 1 Corinthians 15:45-49

*The first Adam became a living soul; the last Adam, a life-giving spirit*

The first man, Adam, as scripture says, became a living soul; but the last Adam has become a life-giving spirit. That is, first the one with the soul, not the spirit, and after that, the one with the spirit. The first man, being from the earth, is earthly by nature; the sec-

ond man is from heaven. As this earthly man was, so are we on earth; and as the heavenly man is, so are we in heaven. And we, who have been modelled on the earthly man, will be modelled on the heavenly man.

### **Gospel Acclamation John 13:34**

Alleluia, alleluia! I give you a new commandment; love one another as I have loved you. Alleluia!

### **Gospel Luke 6:27-38**

#### *Love your enemies*

Jesus said to his disciples: 'I say this to you who are listening: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who treat you badly. To the man who slaps you on one cheek, present the other cheek too; to the man who takes your cloak from you, do not refuse your tunic. Give to everyone who asks you, and do not ask for your property back from the man who robs you. Treat others as you would like them to treat you. If you love those who love you, what thanks can you expect? Even sinners love those who love them. And if you do good to those who do good to you, what thanks can you expect? For even sinners do that much. And if you lend to those from whom you hope to receive, what thanks can you expect? Even sinners lend to sinners to get back the same amount. Instead, love your enemies and do good, and lend without any hope of return. You will have a great reward, and you will be sons of the Most High, for he himself is kind to the ungrateful and the wicked.

'Be compassionate as your Father is compassionate. Do not judge, and you will not be judged yourselves; do not condemn, and you will not be condemned yourselves; grant pardon, and you will be pardoned. Give, and there will be gifts for you: a full measure, pressed down, shaken together, and running over, will be poured into your lap; because the amount you measure out is the amount you will be given back.'

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## **ARCHBISHOP FULTON J. SHEEN EXPLAINS THE NINE INGREDIENTS**

### **NECESSARY FOR CHARITY**

St. Paul reminds us that charity is superior to eloquence, to prophecy, to philanthropy, to humanistic martyrdom. "If I speak with the tongues of men, and of angels, and have not charity, I am become as sounding brass, or tinkling cymbal. And if I should have prophecy and should know all mysteries, and all knowledge, and if I should have all faith, so that I could remove mountains, and have not charity, I am nothing. And if I should distribute all my goods to feed the poor, and if I should deliver my body to be burned, and have not charity, it profiteth me nothing." (1 Cor. 13:1-3)

Charity is greater than faith, for in heaven there will be no faith. How can one merely "believe" when one actually "sees"?

Charity is greater than hope, for there will be no hope in heaven. How can one hope when one possesses?

But there will be charity; for God is love. "And now there remain faith, hope, and charity, these three: but the greatest of these is charity." (1 Cor. 13:13)

In *The Greatest Commandment*, published by Sophia Institute Press, Archbishop Fulton J. Sheen, gives readers some timely advice regarding the nine ingredients to charity and how we can apply

them into our daily life.

"Charity is patient, is kind: charity envieth not, dealeth not perversely; is not puffed up; Is not ambitious, seeketh not her own, is not provoked to anger, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth with the truth." (1Cor. 13:4-6)

#### **1) Patience**

"Charity is patient." Charity is never in a hurry; it knocks, but breaks down no doors. A charitable heart, like the Church, knows that evil is transitory. Though evil has its "hour" as it did in the Garden of Gethsemane, God will have His "day." "But that on the good ground, are they who in a good and perfect heart, hearing the word, keep it, and bring forth fruit in patience." (Luke 8:15)

"In your patience, you shall possess your souls." (Luke 21:19)

"Be patient, therefore, brethren, until the coming of the Lord. Behold, the husbandman waiteth for the precious fruit of the earth: patiently bearing till he receive the early and latter *rain*. Be you therefore also patient, and strengthen your hearts: for the coming of the Lord is at hand. Behold, we account them blessed who have endured. You have heard of the patience of Job, and you have seen the end of the Lord, that the Lord is merciful and compassionate. (James 5:7, 8, 11)

#### **2) Kindness**

"Charity ... is kind." The whole life of Our Lord has been summarized thus: "He went about doing good." No soul ever saves itself in isolation. We pray in the context of "Our Father," and live in the solidarity of the "Mystical Body of Christ." Charity is emancipation from selfishness; it is a going outside of self for the interests of others.

Although it is *kindness*, the essence of love is not *feeling*.

"My son, in thy good deeds, make no complaint, and when thou givest any thing, add not grief by an evil word." (Sirach 18:15)

"And be ye kind one *to* another; merciful, forgiving one another, even as God hath forgiven you in Christ." (Eph. 4:32)

#### **3) Generosity**

"Charity envieth not." Jealousy and envy are the tributes which mediocrity pays to genius. Charity is never competitive; it always goes beyond the limits of service or measure. When we rest on the laurels of the ordinary, we clip the wings of charity.

True generosity never looks to reciprocity; it gives neither because it expects a gift in return, nor because there is a duty or obligation to give. Charity lies beyond obligation; its essence is the "adorable extra." Its reward is in the joy of giving.

"When thou makest a dinner or a supper, call not thy friends, nor thy brethren, nor thy kinsmen, nor they neighbors who are rich; lest perhaps they also invite thee again, and a recompense be made to thee. But when thou makest a feast, call the poor, the maimed, the lame, and the blind; And thou shalt be blessed, because they have not wherewith to make thee recompense: for recompense shall be made thee at the resurrection of the just." (Luke 14:12-14)

"And if you lend to them of whom you hope to receive, what thanks are to you? For sinners also lend to sinners, for to receive as much. But love ye your enemies: do good and lend, hoping for nothing thereby: and your reward shall be great, and you shall be the sons of the Highest; for he is kind to the unthankful, and to the evil. Be ye therefore merciful, as your Father also is merciful." (Luke 6:34-36)

#### **4) Humility**

"Charity is not pretentious, is not puffed up." Humility is *truth*: seeing ourselves as we really *are*, that is, as God knows our

hearts. Affectation is cheating; boasting is an admission of our own indigence. Charity hides itself. The greater the vacuum there is in our heart, the more room there is for God. Full of self, empty of God.

“Thou hypocrite, cast out first the beam out of thy own eye, and then shalt thou see to cast out the mote out of thy brother’s eye.” (Matt. 7:5)

“But when thou art invited to a wedding, sit not down in the first place, lest perhaps one more honourable than thou be invited by him.” (Luke 14:8)

“Take up my yoke upon you . . . and learn of me, because I am meek, and humble of heart: and you shall find rest to your souls.” (Matt. 11:29)

### 5) *Renunciation*

“Charity . . . is not ambitious.” The poet warned: “I charge thee, fling away ambition. By that sin fell the angels; how can man then, the image of his Maker, hope to win by it.”

“There is a rightful pursuit of the best, but what is here condemned is an insatiable lust for glory or wealth or prestige which is purchased by crawling on others’ backs.” The fire never saith: It is enough.” (Prov. 30:16)

“Charity seeks glory, too; not the glory of men, but the glory of God. It is even willing to have its worldly position sacrificed for the advancement of truth and honor. “Blessed are ye when they shall revile you, and persecute you, and speak all that is evil against you, untruly, for my sake.” (Matt. 5:11)

“It shall not be so among you, but whosoever will be the greater among you, let him be your minister: And he that will be first among you, shall be your servant.” (Matt. 20:26-27)

“The kings of the Gentiles lord it over them; and they that have power over them, are called beneficent. But you not so: but he that is the greater among you, let him become as the younger; and he that is the leader, as he that serveth. For which is greater, he that sitteth at table, or he that serveth? Is not he that sitteth at table? But I am in the midst of you, as he that serveth.” (Luke 22:25-27)

“However, many of the chief men also believed in him; but because of the Pharisees, they did not confess *him*, that they might not be cast out of the synagogue. For they loved the glory of men more than the glory of God.” (John 12:42-43)

### 6) *Unselfishness*

“Charity . . . seeketh not her own.” The way to win friends and influence people is not to flatter them, but to be selfless. The greatest happiness in life comes not from having, but from giving. From the Christian point of view, the true master is the servant.

The selfish soul who says: “I am going to do as I wish” really means “I am going to force others to do as I wish.” No one loves himself too little. About the only romance some souls have is the unhappy one of loving only themselves.

The sign of the end of the world will be selfishness. “Know also this, that, in the last days, shall come dangerous times. Men shall be lovers of themselves, covetous, haughty, proud, blasphemers, disobedient to parents, ungrateful, wicked.” (2 Tim. 3: 1-2)

“But before all things have a constant mutual charity among yourselves: for charity covereth a multitude of sins.” (1 Pet. 4:8)

“And that he should be loved with the whole heart, and with the whole understanding, and with the whole soul, and with the whole strength; and to love one’s neighbour as one’s self, is a greater thing than all holocausts and sacrifices.” (Mark 12:33)

“See thou never do to another what thou wouldst hate to have

done to thee by another.” (Tobit 4:16)

“Greater love than this no man hath, that a man lay down his life for his friends.” (John 15:13)

“For God so loved the world, as to give his only begotten Son; that whosoever believeth in him, may not perish, but may have life everlasting.” (John 3:16)

“Bear ye one another’s burdens; and so you shall fulfill the law of Christ.” (Gal. 6:2)

### 7) *Good Temper*

”Charity . . . is not provoked to anger.” Bad temper is an indication of a man’s character; every man can be judged by the things which make him mad. Heaven could be ruined by one single soul who was *touchy*. “A peaceable tongue is a tree of life: but that which is immoderate, shall crush the spirit.” (Prov. 15:4) “A hot soul is a burning fire; it will never be quenched, till it devour something.” (Sirach 23:22)

The way to sweeten a soul is not just to take hate out, but to put love in. The even-tempered man possesses his soul. He never flies into a rage at others because he knows that God might rightfully be angry with him. By practicing good-naturedness with others, he hopes to obtain the blessing of God on himself.

Our Lord did not throw stones back at those who would have taken His life. ”They took up stones therefore to cast at him. But Jesus hid himself, and went out of the temple.” (John 8:59)

“A mild answer breaketh wrath, but a harsh word stirreth up fury.” (Prov. 15:1)

“Brethren, and if a man be overtaken in any fault, you, who are spiritual, instruct such a one in the spirit of meekness, considering thyself, lest thou also be tempted.” (Gal. 6:1)

“But the servant of the Lord must not wrangle: but be mild towards all men, apt to teach, patient.” (2 Tim. 2:24)

### 8) *Guilelessness*

“Charity . . . thinketh no evil.” Those who most readily attribute evil to others are generally themselves evil. A dishonest politician will invariably accuse all politicians of being dishonest; an unfaithful husband will accuse his wife of infidelity.

The sense of justice is so deep-rooted in us that if we are not good, we try to pacify our consciences by attributing the same evil to others. Charity, on the contrary, is unsuspecting; and, because it believes in others, is most encouraging of good. Charity never imputes the evil motive, never judges solely by externals.

“Whosoever speaketh ill of anything, bindeth himself for the time to come: but he that feareth the commandment, shall dwell in peace.” (Prov. 13:13)

“But do not apply thy heart to all words that are spoken: lest perhaps thou hear thy servant reviling thee. For thy conscience knoweth that thou also hast often spoken evil of others.” (Ecc 7:22-23)

“For our glory is this, the testimony of our conscience, that in simplicity of heart and sincerity of God, and not in carnal wisdom, but in the grace of God, we have conversed in this world: and more abundantly towards you.” (2 Cor. 1:12)

“Purifying your souls in the obedience of charity, with a brotherly love, from a sincere heart love one another earnestly.” (1 Peter 1:22)

“That you may be blameless, and sincere children of God, without reproof, in the midst of a crooked and perverse generation; among whom you shine as lights in the world.” (Phil. 2:15)

### 9) *Sincerity*

“Charity rejoiceth not in iniquity, but rejoiceth with the truth.” It is a common human standard to judge virtues by the vices from

which we abstain; and to find the wickedness of others an excuse for our own: "I am just as good as the next fellow."

Charity, on the contrary, refuses to capitalize on others' failings. Its joy is found in truth, and in things as they really are. Charity refuses to subscribe to the modern dictum that "good and evil depend entirely on your subjective point of view." *In truth*, means independent of self.

"Woe to you that call evil good, and good evil: that put darkness *for* light, and light *for* darkness: that put bitter for sweet, and sweet for bitter." (Isa. 5:20)

"Why art thou seduced, my son, by a strange woman, and art cherished in the bosom of another?" (Prov. 5:20)

"Rejoice in the Lord always; again, I say rejoice." (Phil. 4:4)

"The kingdom of heaven is like unto a treasure hidden in a field. Which a man having found, hid it, and for joy thereof goeth, and selleth all that he hath, and buyeth that field." (Matt. 13:44)

"Delight in the Lord, and he will give thee the requests of thy heart." (Ps. 36:4)

"So also you now indeed have sorrow; but I will see you again, and your heart shall rejoice; and your joy no man shall take from you." (John 16:22)

### Physical and spiritual expressions of charity

There are seven ways in which Charity may be expressed physically:

- To feed the hungry.
- To give drink to the thirsty.
- To clothe the naked.
- To succor the stranger.
- To visit the sick.
- To ransom the captive.
- To bury the dead.

### There are seven ways in which Charity may be expressed spiritually:

- To instruct the ignorant.
  - To counsel the doubtful.
  - To admonish sinners.
  - To bear wrongs patiently.
  - To forgive offenses willingly.
  - To comfort the afflicted.
  - To pray for the living and the dead.
- Archbishop Fulton J. Sheen reminds us that by practicing the corporal and spiritual works of mercy, we can put these nine ingredients of charity into practice and hopefully live out more fully *The Greatest Commandment* given by Our Blessed Lord, "that you love one another, as I have loved you." (John 13:34)

*By Al Smith*

## READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

### Tues 9:00 AM, 22-02-22

Reader Xuan Duong  
Eucharistic Min. Monica Lomen

### Wed 9:00 AM, 23-02-22

Reader Carmen Camilleri  
Eucharistic Min. Volunteer

### Thur 9:00 AM, 24-02-22

Reader Shirley Krizmanic  
Eucharistic Min. Shirley Krizmanic

### Fri 9:00 AM, 25-02-22

Reader Helen Maddela  
Eucharistic Min. Catherine Bartolo

### Sat 6.00 PM, 26-02-22

Lit. Coordinator: Charlie Pace  
Reno Attard

Commentator: Alaistar Surao

Reader: St. Francis Choir  
Eucharistic Min. Violetta Montoro  
Wendy Forbes-Perera & Reno Attard

### Sun 9.00 AM, 27-02-22

Lit. Coordinator: Monica Lomen  
Commentator Wilma Marmur  
Readers: Shirley Krizmanic  
Helen Maddela  
Eucharistic Min. Wilma Marmur  
Shirley Krizmanic  
Monica Lomen

### Sun 10:30AM, 27-02-22

Lit. Coordinator: Ed Cablaio  
Commentator Jessica Braganza  
Reader Jinky Monteros  
Susan Hallorina  
Eucharistic Min. Cristina Pedroso  
Rita Martin & Saa Tufuga

### Sun 6.00PM, 27-02-22

Lit. Coordinator Rod Lalunio  
Commentator HEP Youth  
Reader HEP Youth  
HEP Youth  
Eucharistic Min. Rod Lalunio  
Lani Laririt  
Xuan Duong

## CHOIR GROUPS

### Saturday 26th February 2022

- \* 6pm – St Francis Choir

### Sunday 27th February 2022

- \* 9am - Charlie Schembri
- \* 10.30am - Fenandez Family Choir
- \* 6pm - HEP Youth

## CLEANING ROSTER

Week Beginning 16th February 2022  
Group 1 - Samoan Community.

## SCHOOL IMPORTANT DATES

### FEBRUARY

- \* 21st-23rd Feb -Year 6 Camp at Doxa Malmsbury (POSTPONED)
- \* Mon 28th Feb -Middle and Seniors Swimming Program
- \* STARTS TBC Keilor East

### MARCH

- \* Tues 1stMar -Shrove Tuesday
- \* -School Advisory Council Meeting (NEW DATE)
- \* Wed 2nd Mar -Ash Wednesday (Mass at 9am TBC)

## LET US PRAY FOR

### The Sick

Ash Dominic Marguerite, Nithy Chellapa, Rachel Piskon, Toni Antonowicz, Linda Ratbone, Anna, Maria Kim, Yulette Tanner, Jessie Spiteri, Stella Sandle, Frank, Doris Carabott

### Recently Deceased

Toeava Fialelei Atonio, Julie Alcantara, Shirley Dondasekera, Marlene Farrugia, Enga Micallef-Grimaud, Telma Dioses, Anthony Chircop.

### Anniversaries

Ellawala Family, Joseph & Carmen Bajona, David & Adran Camilleri, Joseph & Rita Micallef-Grimaud, John, Joseph & Christine Montebello, Joseph & Rose Sammut, Bajona Family, Joseph & Nina Borg, Antonio N. Yelo, Mercia Canicula, Angela Chircop, Maria Vu Thi Yeu Thuong, Peter Disco, Wayne Camilleri, Bartolo family, Brincat & Galea family, Vincent Duong Kham Su and All Souls

## SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

## ACKNOWLEDGEMENT

*Holy Eucharist parish respectfully acknowledges the Wurundjer people as the traditional custodians of the land on which we reside and worship.*

## VOCATION VIEW

If you love your enemies, do good to those who hate you, bless those who curse you and pray for those who maltreat you, realise that God has already called YOU. .

All information used in accordance with the terms of our privacy policy.