



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021
Office Hours: Tues - Fri: 9:00am - 3.30pm
Phone: 9366 1310, Fax: 9366 9359
Email: stalbanssouth@cam.org.au
Website: www.holyeuchariststalbans.org



FIRST SUNDAY OF LENT TIME YEAR C

6 & 7 MARCH 2022

REDEMPTORIST COMMUNITY

Mission Leader

Fr Peter Danh CSsR

Parish Priest

Fr Vincent Long Pham CSsR

Assistant Parish Priest

Fr Vinsensius (Lovin) Lolo CSsR

Fr Oche Matutina CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P.Meat

MASS TIMES

- ◆ **Tues-Fri:** 9:00am
- ◆ **Saturday:** 6:00pm
- ◆ **Sunday:** 9:00am, 10:30am, 6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun Sudanese Mass - 3.00pm
- 3rd Sun Samoan Mass - 2.00pm
- 4th Sun Filipino Mass - 3.00pm

Holy Eucharist Parish is Celebrating its 50th Anniversary

Please join us for Mass,
celebrated by

**The Most Reverend Peter A
Comensoli,**

Archbishop of Melbourne,
**Sunday March 20, 2022 at
10.30am.**

Holy Eucharist Parish,
**1A Oleander Dr. St Albans VIC
3021**

**Food & Entertainment
following Mass.**

**No Masses at 9am, 12pm
(Vietnamese) & 2pm(Samoan)**

BAPTISM- MARCH

Congratulations to: **Jayden Alexis Fugaban Lardizabal, Luke Frank Borg, Lucas McAleer Lindsay, Matthew Giu-se Pham, Philippe Murphy Van Madrid, Teresa Christina Pham, Naomi Bernadette Tran, Kinsey Pham, Audrey Maria Lim, Vivian Vu, Julia Nguyen, Peter Ethan Tran Gonzaga, Teresa Cami Nguyen, Teresa Victoria Nguyen, Martin William Nguyen, Jacky Ye, Selena Le, Sophia Le & Winnie Tran** who were baptized in the name of the Father and of the Son and of the Holy Spirit. You are welcome to be a part of our community faith.

FIRST HOLY COMMUNION

Congratulations to: **Noah Anh Mai, Ivy Ho, Ana Maria Fogalele, Quynh Nguyen, Stephanie Hijazeen, So'olefai Fogalele, Henry Phuc Hoang, Arianah Solo, Anna Hong Dang, Joseph Tyler Jay Vinh Truong, Christopher Cilione, Trang Ho, Ryan Ciappara, Vivien Dinh, Jason Ngo, Thao Nguyen, Quyen Vo, Nam Le, Ella Hluschko, Amelia Hluschko** in receiving your First Holy Communion.

THE LIVING WORD

First reading Deuteronomy 26:4-10

The creed of the Chosen People

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

“My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me.” ‘You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.’

Responsorial Psalm Ps. 90(91):1-2,10-15

Be with me, Lord, when I am in trouble.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: ‘My refuge,
my stronghold, my God in whom I trust!’

Be with me, Lord, when I am in trouble.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

Be with me, Lord, when I am in trouble.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Be with me, Lord, when I am in trouble.

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory.

Be with me, Lord, when I am in trouble.

Second reading Romans 10:8-13

The creed of the Christian

Scripture says: The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.

Gospel Acclamation Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!
No one lives on bread alone, but on every word that comes
from the mouth of God.
Praise to you, Lord Jesus Christ, king of endless glory!

Gospel Luke 4:1-13

The temptation in the wilderness

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.' Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

A TIME TO 'SPRING-CLEAN' OUR MINDS

Today's gospel tells us of the temptations which Jesus experienced when, in preparation for his public ministry, he'd gone

out to the desert wilderness for a time of prayer and fasting. The gospel leaves us in no doubt Jesus knew the reality of temptation. He knew too that we, his followers, would face temptation of various kinds.

Temptation is certainly a part of our lives and struggles. We are tempted to want more and more, be it possessions, comforts, security, power, authority or prestige. We can be tempted to lose hope, to lose faith, to give up, to stop loving or caring, to walk away from the challenges we face, to lose trust in God.

With every temptation we face there is the underlying question of what is worthwhile, what is the true value of things; what is worth striving for, living for, dying for; what is our life all about. And in all of them is the temptation to lose trust in God and to let go or water down our commitment as followers of Jesus. Jesus' response to the three temptations he faces is instructive for us and how we deal with temptation in our lives.

The first temptation – to turn stones into bread – exemplifies the temptation of possessions, physical needs and "creature comforts." Jesus replies: "One does not live by bread alone, but by every word that comes from the mouth of God." Truly, it is not bread or indeed any possession that will bring us to eternal life.

Jesus' second temptation – to have power and authority – exemplifies the temptation to make them the goal and indeed the god of our life. It is the temptation of idolatry, of worshipping false gods. Jesus replies: "Worship the Lord your God and serve only him." Let us love and worship God with all our heart, soul, our mind, and our strength.

His third temptation – to throw himself down for angels to save him – is to test God's love and care for him, to see if God really does protect him from danger. Jesus replies: "Do not put the Lord your God to the test." Nor should we.

Let's take this season of Lent to reflect on our lives, our priorities, our commitments, and especially our relationship with God. Let's ponder God's faithfulness in caring for us and let's renew our trust in God's love and protection. Let's also make this Lent a time for giving thanks for all the blessings of our lives. Let us express our thanks in some tangible ways.

Traditionally, Lent has been a time for prayer, for almsgiving to those in need, and for self-denial by way of fasting – giving up something, such as favourite foods or activities, or perhaps taking up something – such as giving time to assist others or time for prayer and contemplation.

Lent is a time for some 'spring-cleaning' and de-cluttering our lives, for gratitude, and for re-focussing our faith, hope and love. It's worth doing!

By Anne Hunt

**TEN SHORT LENTEN MEDITATIONS ON
DEATH & ETERNITY**

Principle and Foundation

Man is created to praise, reverence, and serve God our Lord, and by this means save his soul. The other things on the face of the earth are created for man to help him in attaining the end for which he is created. (*Spiritual Exercises of St. Ignatius of Loyola*, 23)

In the mind of Saint Ignatius of Loyola, one of the most efficacious tools for drawing closer to God, to renounce the reality of sin and its consequences is the meditation upon what are called *The Last Things*. In the realm and study of theology, this is called *eschatology* — the study of the Last Things.

Therefore, let us set aside our time, our energy, and our good will to meditate upon the reality of the Last Things this Lent. The topics are very serious but pertinent to the attaining of our eternal salvation — the living out the Principle and Foundation.

What Are the Last Things?

The Last Things are the following: the reality of DEATH, after which follows JUDGMENT, which terminates in one's eternal destiny: either HEAVEN or the reality of HELL.

As Catholic believers, we also espouse the reality of Purgatory — a temporary place of purification which eventually leads to heaven. There we have it: Death, Judgement, Heaven, Hell, and Purgatory.

Permeating the whole reality of the Last Things: Death, Judgment, Heaven, Hell, and Purgatory is the sobering but all so true reality of eternity — meaning forever and ever without end. We will offer a Biblical passage and meditation on the reality of Death — explain the text and elicit various points and conclusions for our meditation and our deeper union with God. One of the primary purposes of the meditation upon the Last Things - Death, Judgment, Heaven, and Hell, as well as Purgatory, is to help us reflect upon the shortness of life, the serious character of living out Principle and Foundation, and the real danger of sin—falling into grave sin and the possibility of dying in grave sin. As well as the importance of meditating upon Heaven and longing to attain it with every fiber of our being.

In this meditation on Death, the Biblical passage presented for our spiritual enrichment and growth will be a death that was not exemplary, a death that did not end on a good note, the death of a very famous man who did not obey God. The meditation will be on the death of the Leader of Israel, King Saul, who would be replaced by David as the new King of Israel.

A Brief Sketch of King Saul

Saul had many good qualities. He was tall, strong, good-looking, and a good military leader up to a certain point. However, the downfall of Saul was disobedience to God and jealousy and envy towards David. Eventually, in the midst of a losing battle, Saul ended his life by falling on his own sword so that he would not be humiliated and killed by his enemies. In other words, Saul was a believer, but He did not put into practice what he had learned in his faith.

The Purpose of this Meditation

The primary purpose of this meditation is the following: begging for the grace of humility, obedience, and perseverance in a faith that is supported by good works pleasing to Almighty God. Furthermore, this meditation should motivate us with a strong awareness and desire to renounce sin and all its trap-pings, and all that leads us to sin.

As well as a sincere desire in our prayer to be humble and to recognize that like King Saul, we can fall away and end our lives distant from our loving God and Father. In a word, we too can decide to abuse our freedom, rather than to use it to honor and

praise God and save our souls!

Meditations on the Reality of Death

1. What is Death?

A short concise definition of death is: “*The separation of the soul from the body.*” This is the theological definition of death.

2. When Will We Die?

A good proverb that I learned from an elderly and holy woman in Argentina says it all: “*La muerte is lo mas cierto, pero es lo mas incierto.*” (“*Death is the most certain, but it is also the most uncertain.*”) This proverb teaches us that we will all die one day, but we know neither the day nor the hour.

3. The Two Worst Things

The two worst things that can befall us are committing a mortal sin, and worse yet, dying in the state of mortal sin. If we commit a mortal sin, there is always hope; we can always return to God through repentance and Confession. However, if we die in mortal sin then we lose our immortal soul for all eternity!

4. Jesus’s Teaching on Death

Time and time again in the teaching of Jesus and His many Parables — great stories and teaching devices — Jesus insists that we must always, and I say always, be vigilant. By *vigilant*, Jesus means we must be ready and on guard. Jesus says: “*Stay awake and pray. You know neither the day nor the hour. It will come like in the time of Noah. It will come like a thief in the night.*” (cf Mt 24)

5. The Saints and the Reality of Death

Many of the saints meditated on the reality of death. Actually, Saint Alphonsus Liguori wrote a book titled *Preparation for Death*. The saints insisted on living each day of our life as if it were the last day in our life. One day this will be a reality, but we do not know when, so we must be prepared!

6. Our Life and Death

In *The Imitation of Christ*, a classic written by Thomas à Kempis, he states: “*It is not important a long life, but a holy life.*” Saint Ignatius of Loyola in *Principle and Foundation* reiterates the same truth: “*It is not important health over sickness, long life over short life, riches over poverty, honors over humiliations, but rather that we save our souls.*”

7. Perseverance in Grace Until the End

As you meditate upon the fall of King Saul and his unhappy death, you should think seriously about your life right now and the possibility of falling out of grace. Then with all the fervor of your soul you should beg, through the intercession of the Blessed Virgin Mary, for the grace of final perseverance. As Saint Alphonsus teaches us: “*The grace of all graces is to die in the state of grace.*” That means the salvation of your soul!

8. Call to Conversion

Meditating on the stark and sober reality of death should move you to dig deep into the inner recesses of your heart to locate what is the major obstacle, the major road-block for you in attaining your eternal salvation. The first words of Jesus in His Public life were: “*Be converted, for the kingdom of God is at hand.*”(Mk. 1:15)

9. Stay Awake!

King Saul was famous; he had power; he had luxury and pleas-

ure. All of these can be obstacles in the life of a follower of Jesus Christ. Open your eyes and be aware of the many insidious tentacles that the devil can use to ensnare you! Stay awake and be vigilant!

10. Discouragement and Despair

Saint Faustina Kowalska, in the *Diary: Divine Mercy in My Soul*, states that the worst of all sins is that of failing to *Trust* in God's never-failing and all-powerful Mercy. The root cause of the fall of King Saul was both pride and a lack of trust in God's love and mercy. The Psalmist teaches: "*God is slow to anger and rich in mercy.*" (Ps 145:8) Despite our weaknesses, limitations, and many failures we should never lose our trust in God!

Closing Prayer

Beg the Blessed Virgin Mary for the grace to be humble, to trust God, to return to God constantly after falling with a limitless trust in His Infinite Love and Mercy!

Pray fervently the *Hail Mary* and beg for the grace of all graces: a holy and happy death!

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen!

By Fr. Ed Broom, OMV

LENTEN SEASON



STATION OF THE CROSS

on Fridays @ 8.30am in the

Church until the 8th April. This will replace Adoration of the Blessed Sacrament on Fridays during the time of Lent.

* Individual Confession

◆ Tuesday-Friday 9.30am

* Communal Reconciliation

English

◆ Wednesday 30th March 7.00pm

◆ Wednesday 6th April 7.00pm

Vietnamese

◆ Thursday 31st March 7.00pm

◆ Thursday 7th April 7.00pm

READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

Tues 9:00 AM, 8-03-22

Reader Xuan Duong
Eucharistic Min. Monica Lomen

Wed 9:00 AM, 9-03-22

Reader Carmen Camilleri
Eucharistic Min. Volunteer

Thur 9:00 AM, 10-03-22

Reader Shirley Krizmanic
Eucharistic Min. Shirley Krizmanic

Fri 9:00 AM, 11-03-22

Reader Helen Maddela
Eucharistic Min. Catherine Bartolo

Sat 6.00 PM, 12-03-22

Lit. Coordinator: Charlie Pace
Reno Attard

Commentator: Anthony Naidu

Reader: Samoan choir

Eucharistic Min. Anthony Naidu
Violeta Montoro & Reno Attard

Sun 9.00 AM, 13-03-22

Lit. Coordinator: Monica Lomen
Commentator Wilma Marmur

Readers: Kelechi Kelechi
Shirley Krizmanic

Eucharistic Min. Helen Maddela

Shirley Krizmanic & Monica Lomen

Sun 10:30AM, 13-03-22

Lit. Coordinator: Christina Pedroso
Commentator Rita Martin

Reader St Francis Choir

Eucharistic Min. Christina Pedroso
Rita Martin & Saa Tufuga

Sun 6.00PM, 13-03-22

Lit. Coordinator Rod Lalunio

Commentator Larnie Mendoza

Reader Xuan Duong
Lani Laririt

Eucharistic Min. Rod Lalunio
Lani Laririt

Xuan Duong

CHOIR GROUPS

Saturday 12th March 2022

* 6pm – Samoan Choir

Sunday 13th March 2022

* 9am - Charlie Schembri

* 10.30am - St Francis Choir

* 6pm - Youth For Christ Choir

CLEANING ROSTER

Week Beginning 9th March 2022
Group 3 - Kelechi Ekwebelem, Lily Disco, Margaret Bajada, Cathy Bartolo & Wendy Forbes-Perera.

SCHOOL IMPORTANT DATES

MARCH

- * Mon 7th Mar -School Photos (Students wear full summer uniform)
- * Wed 9th Mar -Parent/Teacher Chats - Students go home at 12pm
- * Thurs 10th Mar -Liturgy of the Word (Sacrament of Reconciliation families online at 9:10am)
- * Fri 11th Mar -Round 6 St Augustine's v HE (AWAY) Interschool Sports
- * Sun 13th Mar -Second Sunday of Lent
- * Mon 14th Mar -Labour Day Public Holiday – No School

LET US PRAY FOR

The Sick

Ash Dominic Marguerite, Nithy Chellapa, Rachel Piskon, Toni Antonowicz, Linda Ratbone, Anna, Maria Kim, Yulette Tanner, Jessie Spiteri, Stella Sandle, Frank, Doris Carabott

Recently Deceased

Grazio (Horace) Camilleri, John Mercieca, Mary Busuttill, Saviour "Sam" Tabone, Jovan Benito

Anniversaries

Joseph Formosa, Charlie, Mary, Ally, Peter Spiteri & family, Ignatius Esther Joseph Borg & family, Tony Vella, Fred Sammut, Jessie Pace, Kitty John Mifusad, Angela Chircop, Maria Vu Thi Yeu Thuong, Peter Disco, Wayne Camilleri, Bartolo family, Brincat & Galea family, Vincent Duong Kham Su, Raymond Abela and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully acknowledges the Wurundjer people as the traditional custodians of the land on which we reside and worship.

VOCATION VIEW

The world tempts us to grab all we can. Even food becomes more when it is given than when it is taken. Follow Jesus: be a giver.

All information used in accordance with the terms of our privacy policy.