



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021

Office Hours: Tues - Fri: 9:00am - 3.30pm

Phone: 9366 1310, Fax: 9366 9359

Email: stalbanssouth@cam.org.au

Website: www.holyeuchariststalban.org



THIRD SUNDAY OF LENT YEAR A

11 & 12 MARCH 2023

REDEMPTORIST COMMUNITY

Acting Mission Leader

Fr Vinsensius (Lovin) Lolo CSsR

Parish Priest

Fr Vincent Long Pham CSsR

Assisting Priests

Fr Joseph Hieu Xuan Nguyen CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P.Meat

MASS TIMES

- ♦ **Tues-Fri:** 9:00am
- ♦ **Saturday:** 6:00pm
7.30pm Vietnamese
- ♦ **Sunday:** 9:00am, 10:30am,
6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun. Sudanese Mass 3pm
- 3rd Sun Samoan Mass - 2.00pm
- 4th Sun Filipino Mass - 3.00pm

SOCIAL OFFICE

Contact: Son Nguyen & Tammy Le

Phone 9366 1310

Tuesday & Friday 10:00am-3:00pm.

FOODBANK open Fridays
10.30am until 2.00pm. More de-
tails call Charlie 03 9366 1310.

RCIA: Please contact Br. Anthony
Gatt on 0419 115 692 or call the Par-
ish Office for more details.

SACRAMENTAL PREPARATION

Preca Centre, 29 Rosslare Parade, St
Albans - Ph: 9356 0734

between 7-8pm

Email: precastalban@tpg.com.au

SPECIAL ANNOUNCEMENTS

PARISH MULTICULTURAL DAY:

You are invited to be part of the Multicultural Day **10am Mass on the 26th March 2023**. The Choir groups that normally serves at 10.30am Mass, will be representing the many Nationalities we have in our Multicultural Community. All are welcome to take part in the Mass with the presenting of gifts and other parts of the Mass but most important is your presence! Please mark this date and time. We look forward to celebrate this special day with you. We are many but we are ONE. All are welcome to stay for sausage sizzle after Mass.

MASS TIMES:

Due to the continued problem with parking during Sunday Masses and special occasions like First Holy Communion and RCIA Program, it's come to a point that we have to make changes to our **Sunday Mass times**. It's difficult to adjust to new changes but if we all work together it's very easy and it will be a better change for all of our Parish Community.

Sunday Masses New Times
will commence **Sunday 26th March 2023** and are as follow:

English:

- ⇒ **8.45am**
- ⇒ **10.00am**
- ⇒ **6.00pm**

Vietnamese:

- ⇒ **12.30pm**

HOLY EUCHARIST PARISH YOUTH

"HELP PEOPLE IN NEED"

Dear Parishioners,

This year, our Youth will run a Project to help people in need during winter time. We invite you to be apart of our Project. We kindly ask you to donate some **GOOD USED** and **NEW** items: such as gloves, socks, scarf, toothbrush, toothpaste, food vouchers.

We have the Donation Box displayed in the Church Foyer or you can simply contact Tammy on 0415 599 413 for more details. Our collection will close on **Palm Sunday 2nd April**. Thank You!

LENTEN PROGRAMME

STATION OF THE CROSS

During this Lenten Season we have Stations of the Cross every **Fridays at 8.30am** in the Church until the 31st March 2023. This will replace Adoration of the Blessed Sacrament on Fridays during the time of Lent.

*** Individual Confession**

- ♦ Tuesday-Friday 9.30am

*** Communal Reconciliation**

English

- ♦ Wednesday 22nd March 7.00pm
- ♦ Wednesday 29th March 7.00pm

Vietnamese

- ♦ Thursday 23rd March 7.00pm
- ♦ Thursday 30th March 7.00pm

THE LIVING WORD

First Reading: Exodus 17:3-7

Strike the rock, and water will flow from it

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' the Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

Responsorial Psalm: Psalm 94(95):1-2,6-9

If today you hear his voice, harden not your hearts.

Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.

If today you hear his voice, harden not your hearts.

Come in; let us bow and bend low;
let us kneel before the God who made us:
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

If today you hear his voice, harden not your hearts.

O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.'

If today you hear his voice, harden not your hearts.

Second reading Romans 5:1-2,5-8

The love of God has been poured into our hearts

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation of John 4:42. 15

Glory to you, Word of God, Lord Jesus Christ!
Lord, you are truly the Saviour of the world;
give me living water, that I may never thirst again.
Glory to you, Word of God, Lord Jesus Christ!

Gospel John 4:5-16,19-26,39-42

A spring of water welling up to eternal life

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.' 'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.' 'Sir,' said the woman 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.' The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.' Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

REFLECTION ON THE GOSPEL

Those privileged to act as catechists in the RCIA program over the Lenten period will be introducing candidates to some of our most treasured gospel stories.

In 1963, Vatican II's Constitution on the Sacred Liturgy called for the restoration of certain early Church practices. The two main features of Lent, baptism and penance, were to be given greater emphasis in the liturgy and in liturgical catechesis. More use was to be made of the baptismal elements proper to the Lenten liturgy. Some features that were part of an earlier tradition were to be restored. In response to this call, John's stories of the Samaritan woman, the man born blind and the raising of Lazarus were moved from the weekday to the Sunday liturgy. Thus, three weeks into Lent, the liturgy invites us to take a faith journey in the company of a courageous outsider, an unnamed woman from a despised religious group. A woman of Samaria comes to draw water from the well of Jacob, Israel's great ancestor in faith. She belongs in a long line of women whose lot as women is to undertake the burdensome, often dangerous, daily toil of carrying water so that their families might simply survive. Jesus asks the woman for a drink and elicits a bewildered response. She responds, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" This response provides the opportunity for Jesus to move into an extended and constantly deepening exchange in which the woman proves herself a knowledgeable and worthy dialogue partner. The pursuit of water, a key baptismal symbol in the gospel tradition, provides the catalyst for her journey to faith in Jesus as the Messiah/the Christos and her engagement in the mission of proclaiming the good news to her people.

Commentators tend to focus on the woman's marital status, usually in negative terms. Because she is said to have had five husbands, many presume that she is a sinner: there is nothing in the text to support this position. Successive husbands may have died. Financial, religious or societal constraints may have functioned in her decision to remarry. The "husbands" may refer to the strange gods that claimed the allegiance of the Samaritans. There is no consensus on this among scholars.

At the outset, the woman views Jesus simply as a Jew who breaks with established custom by asking her for water. She comes to accept him as the provider of living water. Jesus understands her life story and opens up the way for her to accept him as a prophet. She takes the risk of sharing her own convictions about the locus of worship and is gifted with new understanding and with Jesus' further self-disclosure. She leaves her water jar behind and brings others to faith in Jesus as Messiah and saviour of the world. She becomes both disciple and missionary prophet.

By Sister Veronica Lawson rsm

OCEANS ARE GOD'S GIFT FOR ALL GENERATIONS

Pope Francis sends a message to the 8th Our Ocean Conference held in Panama, and urges governments across the globe to protect the ocean for the benefit of future generations.

Panama recently hosted the 8th Our Ocean Conference under the theme "Our Ocean, Our Connection" to highlight the importance of knowledge as "the basis of our actions and policies to ensure the protection of our ocean".

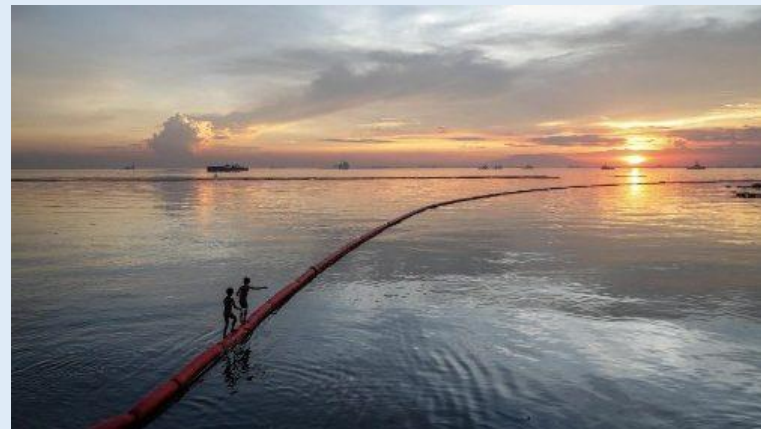
The event took place separately but at the same time as national governments held UN-sponsored, breakthrough talks in New York in which they agreed to a new "High Seas Treaty" to codify conservation efforts of ocean areas beyond national jurisdictions.

Pope Francis sent a message to participants in the Our Ocean Conference held in Panama, on 2-3 March, which was released on Monday and signed by Cardinal Secretary of State Pietro Parolin.

Gift from the Creator for all humanity

In his message, the Pope highlighted the importance of "humility, gratitude, and awe" as we say "Our" ocean.

"Starting from contemplation and study, our understanding of the complex and amazing mechanisms and balances of the oceans allows us to appreciate the role they play for everyone, not just coastal communities."



He noted that all people depend on the oceans and are rightly considered the "common heritage" of humanity.

The oceans, he added, were given to us "as a gift from the Creator", and we must therefore work to use them fairly and sustainably in order to pass them on to future generations.

Tied together by a common ocean

Pope Francis urged the politicians and business leaders at the conference to embrace an "integral vision of ecology" in line with his encyclical *Laudato si'*.

He noted that the oceans face a host of threats, including pollution, acidification, and illegal fishing, as well as the nascent extractive industry on the seabed.

The Pope also tied in the many migrant tragedies that occur on the high seas and the harsh treatment of seafarers.

In response, he called on governments to recognize the “interconnectedness and interdependence between communities and countries” which the oceans embody.

“We are one family, we share the same inalienable human dignity, and we inhabit a common home that we are called to care for.”

Three directions toward hope

The Pope went on to offer three directions to improve humanity’s relationship with the oceans.

First, he said, we need to listen to the cry of the poor and of the Earth, and therefore “urgently review growth strategies based on waste and unsustainable models of consumption.”

Second, humanity needs to unite “to protect and restore marine, coastal, and river ecosystems”.

Finally, said Pope Francis, governments need to create effective “governance systems” to regulate and coordinate activity on the oceans.

“By working in these directions,” he concluded, “there will always be hope.”

By Devin Watkins

CLEANING ROSTER

Week starting 15th March 2023 -
Group 6 - Legion Of Mary -
Vietnamese - Mary

THE FILIPINO CATHOLIC CHAPLAINCY OF MELBOURNE.

We invite you to join Online Lenten Retreat. Encountering Jesus of Nazareth. Reflections based on the Book of Pope Benedict XVIL Jesus of Nazareth.

Every Tuesday, 07, 14 & 21 March
2023 #7.00pm-9.00pm(AEDT)
For details: Fr. Asis 0404261228.
Elder Rivera 0426 833 139, Celine
Rivera 0433 132 041.
Zoom Mtg ID: 894 0843 7791
Passcode: nazarean

READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

Tues 9:00 AM, 14-03-23

Reader Xuan Duong
Eucharistic Min. Monica Lomen

Wed 9:00 AM, 15-03-23

Reader Carmen Camilleri
Eucharistic Min. Carmen Camilleri

Thur 9:00 AM, 16-03-23

Readers Shirley Krizmanic
Eucharistic Min. Shirley Krizmanic

Fri: 9:00 AM, 17-03-23

Reader: Helen Maddela
Eucharistic Min. Catherine Bartolo

Sat 6.00 PM, 18-03-23

Lit. Coordinator: Charlie Pace
Commentator: Miriam Vella
Readers: Agatha Saliba
Carmen Camilleri
Eucharistic Min. Alistair Surao
Miriam Vella
Reno Attard

Sun 9.00 AM, 19-03-23

Lit. Coordinator: Monica Lomen
Commentator Shirley Krizmanic
Readers: Salve Nidea
Mini Eddy
Eucharistic Min: Wilma Marmur
Helen Maddela
Monica Lomen

Sun 10:30AM, 19-03-23

Lit. Coordinator: Joh Cablao
Commentator: Susan Hallorina
Reader: Christine Pedroso
Rita Martin
Eucharistic Min. Joh Cablao
Ed Cablao
Br. Anthony Gatt

Sun 6.00PM, 19-03-23

Lit. Coordinator Larnie Mendoza
Commentator Rod Lalunio
Reader Xuan Duong
Lorraine Ward
Eucharistic Min. Larnie Mendoza
Xuan Duong
Rod Lalunio

CHOIR GROUPS

Saturday 18th March 2023

* 6pm – Tavallo Family Choir

* Sunday 19th March 2023

* 9am - Charlie Schembri

* 10.30am – DeSouza Family

* 6pm - Angeline & Youth

LET US PRAY FOR

The Sick

Nguyen Thi San, Diana Moules,
Magen Hallorina, James Floros,
Pam Norris, Alfred & Pauline Storace,
Arnord Fernandez, Toni Antonowicz,
Anna, Maria Kim,
Yulette Tanner, Jessie Spiteri, Stella
Sandle, Frank, Doris Carabott.

Recently Deceased

John George Tabone, Mikolina
Azzopardi.

Anniversaries

Family Attard, Family Caruana, Family
Grech, Family Zammit, Bruce Mc
Lean, Nelita Villaruz, Grazio (Horace)
Camilleri, Joseph Formosa, Joseph &
Franc Xiberras, Reno Cauchi, Mac-co
Ngo Van Tinh, Lucia Huynh Thi Kim
Hue, Phero Ngo Minh Truong, Maria
Huynh Thi Thanh Kieu, Phero Le
Nghia, Matta Le Thi Linh, Phero Le
Quang Tuan, Theresa Nguyen Ngoc
Giang Thu, Dominico Le Ngoc Son,
Mary Camilleri, Richard Curmi, Iro &
Jessie Vella, Angela Chircop, Peter Dis-
co, Wayne Camilleri, Bartolo family,
Brincat & Galea family, Maria Vu Thi
Yeu Thuong, Vincent Duong Kham
Su, Michael Alphonsus Schiller, Peter
Do Van Tri, Inne Maria Le Thi Bien,
Mollie Rise (Marie), Raymond Abela
and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is com-
mitted to the safety, wellbeing
and dignity of all children,
young people and vulnerable
adults.

ACKNOWLEDGEMENT

*Holy Eucharist parish respectfully
acknowledges the Wurundjeri
people as the traditional custodi-
ans of the land on which we reside
and worship.*

VOCATION VIEW

Only the Lord can give true living wa-
ter, fullness of life. Our body cannot
survive without water; our spirit can-
not survive without living water. Now
is the time to renew our lives in the
waters and Spirit of Baptism.

All information used in accordance with
the terms of our privacy policy.