



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021
Office Hours: Tues - Fri: 9:00am - 3.30pm
Phone: 9366 1310, Fax: 9366 9359
Email: stalbanssouth@cam.org.au
Website: www.holyeuchariststalban.org



TWENTY-FIRST SUNDAY IN ORDINARY TIME, YEAR A 26 & 27 AUGUST 2023

REDEMPTORIST COMMUNITY

Parish Priest & Mission Leader

Fr Vincent Long Pham CSsR

Priests in Residence

Fr Joseph Xuan Hieu Nguyen CSsR

Fr Patrick Corbett CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Deacon George B.P. Meat

MASS TIMES

- ♦ **Tues-Fri:** 9:00am
- ♦ **Saturday:** 5:00pm
6.30pm Vietnamese
- ♦ **Sunday:** 8:45am, 10:00am,
6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun. Sudanese Mass 3pm
- 3rd Sun Samoan Mass - 2.00pm
- 4th Sun Filipino Mass - 3.00pm



**Anointing Mass next Friday
the 1st of September 2023 @
9am here at Holy Eucharist
Church. All are Welcome!**

RCIA: Please contact Br. Anthony
Gatt on 0419 115 692 or call the
Parish Office for more details.

SACRAMENTAL PREPARATION

Preca Centre, 29 Rosslare Parade,
St Albans – Ph: 9356 0734
between 7pm-8pm

THE LIVING WORD

First Reading: Isaiah 22:19-23

*I place the key of the House of David on my
servant's shoulder*

Thus says the Lord of Hosts to Shebna, the master of the palace: I dismiss you from your office, I remove you from your post, and the same day I call on my servant Eliakim son of Hilkiah. I invest him with your robe, gird him with your sash, entrust him with your authority; and he shall be a father to the inhabitants of Jerusalem and to the House of Judah. I place the key of the House of David on his shoulder; should he open, no one shall close, should he close, no one shall open. I drive him like a peg into a firm place; he will become a throne of glory for his father's house.

**Responsorial Psalm: Ps. 137
(138):1-3,6,8**

Lord, your love is eternal; do not forsake the work of your hands.

I thank you, Lord, with all my heart:
you have heard the words of my mouth.

In the presence of the angels I will
bless you.

I will adore before your holy temple.

Lord, your love is eternal; do not forsake the work of your hands.

I thank you for your faithfulness and
love,
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

Lord, your love is eternal; do not forsake the work of your hands.

The Lord is high yet he looks on the
lowly
and the haughty he knows from afar.
Your love, O Lord, is eternal,
discard not the work of your hands.

Lord, your love is eternal; do not forsake the work of your hands.

Second Reading Romans 11:33-36

*All that exists comes from him; all is by
him and from him.*

How rich are the depths of God –
how deep his wisdom and
knowledge – and how impossible
to penetrate his motives or under-
stand his methods! Who could ever
know the mind of the Lord? Who
could ever be his counsellor? Who
could ever give him anything or
lend him anything? All that exists
comes from him; all is by him and
for him. To him be glory for ever!
Amen.

Gospel Acclamation Matthew 16:18

Alleluia, alleluia!

You are Peter, the rock on which I
will build my Church; the gates of
hell will not hold out against it.
Alleluia!

Gospel Matthew 16:13-20

*You are Peter and on this rock I will
build my Church*

When Jesus came to the region of
Caesarea Philippi he put this ques-
tion to his disciples, 'Who do peo-
ple say the Son of Man is?' And
they said, 'Some say he is John the
Baptist, some Elijah, and others
Jeremiah or one of the prophets.'
'But you,' he said 'who do you say
I am?' Then Simon Peter spoke up,
'You are the Christ,' he said, 'the
Son of the living God.' Jesus re-
plied, 'Simon son of Jonah, you are
a happy man! Because it was not
flesh and blood that revealed this
to you but my Father in heaven. So
I now say to you: You are Peter
and on this rock I will build my
Church. And the gates of the un-
derworld can never hold out

against it. I will give you the keys of the kingdom of heaven: whatever you bind on earth shall be considered bound in heaven; whatever you loose on earth shall be considered loosed in heaven.' Then he gave the disciples strict orders not to tell anyone that he was the Christ.

REFLECTION ON THE GOSPEL

Be yourself. Everybody else is taken", sings Melinda Schneider. The lyrics of this song, composed for Melinda's dying father, affirm some fairly obvious truths. Even though we know that "everybody else is taken", most of us spend energy trying to measure up to other peoples' expectations and fail to be truly ourselves. In our self-absorption, we can also misread others and fail to know them as they are. Being accepted as we are is among the most precious of gifts. Jesus knew this. He was utterly true to himself and he allowed others time to discover for themselves his real identity and the nature of his mission. If the mission was to succeed, then his followers needed to look beyond their preconceptions about him and accept him as God's anointed one, as the revelation of the living God.

Jesus' true identity is a key issue for Matthew's community as it is for us. From the outset, he is presented as the anointed one of God, the Messiah or Christ. Before his birth, the reader knows him as "Emmanuel", God with us. What the narrator asserts at the outset, certain characters in the story come to understand. Jesus' fearless teaching and his healing ministry bring the crowd to recognise him as a prophet in the tradition of Elijah or Jeremiah or John the Baptist, and as the incarnate Wisdom of God. The power of God at work in Peter leads him to a deeper understanding of Jesus' identity. Peter has faltered in the past and will falter again, even to the point of denying any knowledge of or association with Jesus. He finally arrives at deep insight, however, and proclaims his faith in Jesus as both Christ or Messiah and son of the living God. Insight is a gift, and God can work wherever there is openness and goodwill. Peter has both in abundance. He is declared "blessed" on account of this gift of insight, and entrusted with the "keys" of God's empire.

The specific power of binding and loosing that is given to Peter is subsequently given to the community of disciples (18:18) where the saying is framed on the one hand by instructions about dealing with transgressors and on the other by the assertion that where two or three are gathered in the name of Jesus, he is there in their midst. "Binding and loosing" belongs to all who gather in the name of Jesus whom

Matthew presents as God-with-us, as prophet and Wisdom, as the Christ and as the revelation of the living God. The exercise of the power "to bind and to loose" demands the same wisdom and insight as does the capacity to recognise and affirm the true identity of Jesus. Gathering in the name of Jesus is a challenge right now as we face the restrictions required to deal with pandemic. We pray for the wisdom to find new ways of being church and of truly dealing with transgression.

By Sister Veronica Lawson rsm



12 PRAYERS AND VERSES FOR PHYSICAL, MENTAL, AND SPIRITUAL HEALTH

God is concerned with our total well-being: physical, mental, and spiritual. Our Heavenly Father wants to work in us, with us, and then through us. And prayer is the way to invite Him in to start the wonderful process.

Here is just a sample of prayers we can lift up for all kinds of health concerns.

1. For Healing from Illness

"Blessed are those who have regard for the weak; the Lord delivers them in times of trouble...The Lord sustains them on their sickbed and restores them from their bed of illness" (Psalm 41:1,3).

Gracious Lord, Your Word says that You heal all our diseases. I ask that You would take this sickness, and all the discomfort I feel from me. Thank You that even if I don't get well right away, Your peace can fill me up while I wait. In Jesus' Name, Amen.

2. For Chronic Pain

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me" (2 Corinthians 12:9).

Father, You are the Great Physician. But sometimes when my chronic pain flares up, I confess I get impatient and let fear creep into my thoughts. Help me know You are always near. And thank You for building my faith even in times when my body struggles. I pray this in Jesus' Name, Amen.

3. For Recovery from Injury

"He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength" (Isaiah 40:29-31).

Abba, I'm so glad we can come to You with all our hurts. Right now, mine is physical. It's hard for me to be laid up with this injury when I have so much I could, or should, be doing. Let me be content to rest today, knowing that Your healing touch is already

helping my body to mend. In Jesus' Name I pray, Amen.

4. For Better Eating Habits

"No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it" (Hebrews 12:11).

Almighty Father, Lately I've been choosing things to eat that aren't always the best for me, and that's had an effect on how my body feels. I ask for You to remind me of all the wonderful foods You've provided, and for the wisdom to care for my body better! In Jesus' Name, Amen.

5. For Better Sleep Habits

"In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety" (Psalm 4:8).

Good Father, Some nights I find it so difficult to relax into Your rest. Questions and worries often keep me up. Please calm my mind when it races, and bring peace to my body. Most of all, let Your Word soothe my spirit. I ask this in Jesus' Name, Amen.

6. For Disappointment

"For I know the plans I have for you," declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future'" (Jeremiah 29:11).

Lord, No one likes to be disappointed. It hurts when setbacks or failures happen. It's reassuring that in those moments You not only comfort us, but build us back up to try again. So even though I'm feeling down right now, thank You for reminding me that there are wonderful things ahead for me. In Jesus' Name, Amen.

7. For Depression

"The Lord is close to the brokenhearted and saves those who are crushed in spirit" (Psalm 37:18).

Father God, I'm burdened with the weight of despair. But I thank You that Your light shines into even the darkest places. I pray that You would lift my spirit right now, and provide just the help I need to walk forward. You are my refuge and strength! In Jesus' Name, Amen.

8. For Guilt

"Therefore, there is now no condemnation for those who are in Christ Jesus..." (Romans 8:1).

Lord God, When it comes from You, guilt leads us to seek Your forgiveness. And, amazingly, Scripture says that You forget those sins we bring to You. Help me to trust that after I repent of my wrongs, I can release the guilt so that it won't become a way to put myself down. I pray this in Jesus' Name, Amen.

9. For Healing after a Traumatic Experience

"He heals the brokenhearted and binds up their

wounds" (Psalm 147:3).

Lord, This horrible situation I've just been through has left a mark on my heart and mind. You protected me as it happened. Now I ask that You would show me how to process what I've been through. Help me release all my emotions to You, so I can forgive and even grow from it. Thank You that even this can be used for Your glory! In Jesus' Name, Amen.

10. For Putting God First

"You guide me with your counsel, and afterward you will take me into glory. Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever" (Psalm 73:24-26).

Abba Father, Thank You that You want us to be healthy in every way. And I know Your biggest concern is our spiritual well-being. So please help me to keep You first in my heart and mind, for that is the way to become truly full of life. You are my all in all! In Jesus' blessed Name, Amen.

11. For a Positive Mindset

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things" (Philippians 4:8).

God,

You call us to be a joyful people. But I don't seem to have lasting joy in my life. Part of the problem is my attitude, that I tend toward the negative. I pray that You would shift my thoughts and words in a more positive direction so that I can represent You better and find more delight in life!

In Jesus' precious Name, Amen.

12. For a Healthier Prayer Life

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective" (James 5:16).

Lord,

I confess that some days I get so caught up in running and doing that I put prayer on the back burner. Forgive me when I neglect this holy habit, Father. Help me remember the many times that prayer has blessed me and others, moments when I felt so close to You. And let seeking You become a vital and natural part of each day.

I pray in Jesus' Name, Amen.

We are so blessed to be able to pray to God, who hears and responds when we ask for His best in our lives. Let's seek Him for every good thing.

By Heather Adams

"Father's Day Celebration"



We would be delighted if you could join Our Holy Eucharist Youth on Father's Day Dinner

- ♦ Live Music
- ♦ Food
- ♦ Fun games
- ♦ Raffle prizes & more

Date & Time:

⇒ **Saturday, 2nd September 2023, 7:00pm**

Location:

⇒ **Holy Eucharist Hall, 1A Oleander Dr., St Albans, VIC 3021**

Entry: * Adults - \$35.00
* Under 13 - \$25.00

Tickets enquiry contact Tammy on 0415 599 413.

Come along and bring the family especially all who are called "FATHER" and join with our Parish Youth!

Together we can keep the faith alive - Aid to the Church in Need (ACN)

Did you know that across the world tens of millions of Christian families are in exile following persecution because of their faith?

Aid to the Church in Need (www.aidtochurch.org) is a spiritual and pastoral charity that seeks to keep the flame of faith alive in those places where it is at risk of extinction.

This weekend we welcome an ACN representative to our Parish to share with us the work of *Aid to the Church in Need* and how we can help our suffering and persecuted brothers and sisters.

READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

Tues 9:00 AM, 29-08-23

Reader Volunteer
Eucharistic Min. Monica Lomen

Wed 9:00 AM, 30-08-23

Reader Carmen Camilleri
Eucharistic Min. Carmen Camilleri

Thurs 9:00 AM, 31-08-23

Reader: Tammy Pham
Eucharistic Shirley Krizmanic

Fri 9:00 AM, 01-09-23

Reader Steven Ho
Eucharistic Min. Catherine Bartolo

Sat 5.00 PM, 02-09-23

Lit. Coordinator: Reno Attard
Commentator: Violeta Montolo
Readers: Ed Cablaio
Susan Hallorina
Eucharistic Min. Wendy Forbes-Perera
Josephine Cassar
Reno Attard

Sun 8.45 AM, 03-09-23

Lit. Coordinator: Monica Lomen
Commentator Helen Maddela
Readers: Wilma Marmur
Shirley Krizmanic
Eucharistic Min: Salve Nidea
Mini Eddy
Monica Lomen

Sun 10:00AM, 03-09-23

Lit. Coordinator: Christine Pedroso
Commentator: Rita Martin
Reader: Samoan Choir
Samoan Choir
Eucharistic Min. Christine Pedroso
Br. Tony Gatt
Rita Martin

Sun 6.00PM, 03-09-23

Lit. Coordinator Lani Laririt
Commentator Rod Lalunio
Reader Larnie Mendoza
Steven Ho
Eucharistic Min. Larnie Mendoza
Lani Laririt
Rod Lalunio

CHOIR GROUPS

Saturday 2nd September 2023

♦ 5pm – Fernandez Family

Sunday 3rd September 2023

♦ 8.45am - Charlie Schembri

♦ 10.00am - Samoan Choir

♦ 6pm - Exxemos Choir

CLEANING ROSTER

Week starting 30 August 2023 -
Group 6 - Legion of Mary (Vietnamese)

LET US PRAY FOR

The Sick

Pam Norris, Alfred & Pauline Storace,
Arnord Fernandez, Toni Antonowicz,
Anna, Maria Kim, Yulette Tanner, Stella
Sandle, Frank, Doris Carabott.

Recently Deceased

Joseph Nguyen Ba Ky, Josephine
(Jessie) Spiteri, Maria Nguyen Thi
Thu Hang.

Death Anniversaries

Djuro Bozickovic, Joseph Formosa,
Nazareno Spiteri, Antonio Mifsud, Philip
Gauci, Joseph, Frank & John Xerri,
Tran Thi Huong, Cornelio Maddela,
Grazio (Horace) Camilleri, Joseph &
Franc Xiberras, Reno Cauchi, Mac-co
Ngo Van Thinh, Lucia Huynh Thi Kim
Hue, Phero Ngo Minh Truong, Maria
Huynh Thi Thanh Kieu, Phero Le
Nghia, Matta Le Thi Linh, Phero Le
Quang Tuan, Theresa Nguyen Ngoc
Giang Thu, Dominico Le Ngoc Son,
Mary Camilleri, Richard & Connie Cur-
mi, Iro & Jessie Vella, Angela Chircop,
Peter Disco, Wayne Camilleri, Bartolo
family, Brincat & Galea family, Maria
Vu Thi Yeu Thuong, Duong Family,
Do Family, Vincent Duong Kham Su,
Michael Alphonsus Schiller, Mollie Rice
(Marie), Raymond Abela and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully acknowledges the Wurundjeri people as the traditional custodians of the land on which we reside and worship.

VOCATION VIEW

Many of us fear people in authority as authority can be used rightly or wrongly. As Christians we are called to see power as service. We shall all be judged on love

All information used in accordance with the terms of our privacy policy.