



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021

Office Hours: Tues - Fri: 9:00am - 3.30pm

Phone: 9366 1310, Fax: 9366 9359

Email: stalbanssouth@cam.org.au

Website: www.holyeuchariststalban.org



NINETEENTH SUNDAY IN ORDINARY TIME - YEAR B, 10 & 11 AUGUST 2024

REDEMPTORIST COMMUNITY

Parish Priest & Mission Leader

Fr Vincent Long Pham, CSsR

Assistants

Fr Joseph Xuan Hieu Nguyen, CSsR

Fr Dominic Carrigan, CSsR

Fr Robin Lomangkok, CSsR

Fr Patrick Corbett, CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Fr Stephen Battal

MASS TIMES

- ♦ **Tues-Fri:** 9:00am
- ♦ **Saturday:** 5:00pm
6.30pm Vietnamese
- ♦ **Sunday:** 8:45am, 10:00am,
6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun. Sudanese Mass 3pm
- 3rd Sun Samoan Mass - 2.00pm
- 4th Sun Filipino Mass - 3.00pm

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY

**Come join the Mass on
Thursday 15th August
to celebrate the**

**Feast of the Assumption
here at Holy Eucharist
Church**

- ♦ **9:00am in English with
the Holy Eucharist School**
- ♦ **7:00pm in Vietnamese.**

THE LIVING WORD

First Reading: 1 Kings 19:4-8

*The angel gives Elijah food to reach the
mountain of God*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm Ps. 33(34):2-9

Taste and see the goodness of the Lord.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its
boast.

The humble shall hear and be glad.

Taste and see the goodness of the Lord.

Glorify the Lord with me.

Together let us praise his name.

I sought the Lord and he answered me;
from all my terrors he set me free.

Taste and see the goodness of the Lord.

Look towards him and be radiant;
let your faces not be abashed.

This poor man called, the Lord heard
him

and rescued him from all his distress.

Taste and see the goodness of the Lord.

The angel of the Lord is encamped
around those who revere him, to res-
cue them.

Taste and see that the Lord is good.

He is happy who seeks refuge in him.

Taste and see the goodness of the Lord.

Second Reading: Ephesians 4:30-5:2

*Forgive each other as readily as God for-
gave you*

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Gospel Acclamation John 6:51

Alleluia, alleluia!

I am the living bread from heaven,
says the Lord; whoever eats this
bread will live for ever.

Alleluia!

Gospel John 6:41-51

Anyone who eats this bread will live for ever

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven?"' Jesus said in reply, 'Stop complaining to each other. No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has

come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

GOSPEL REFLECTION

Jesus was a Jew, as was John, the author of the gospel. It may seem strange, therefore, that John has the "Jews" complaining about Jesus. It is indeed strange and it has caused many a reader to wonder. John seems to use the designation "Jew" as a code word for the opponents of Jesus. These opponents are almost exclusively Jewish leaders rather than the ordinary people who followed Jesus. The designation does not include all the Jewish leaders of course: Nicodemus and Joseph of Arimathea stand out as leaders who came to believe in Jesus as the Christ or Messiah and to take risks on account of their faith.

The complaint of the "Jews" relates to Jesus' claim, "I am the bread that came down from heaven". Jesus shares the world view or cosmology of his contemporaries: God is in the heavens above, so that anything or anyone coming from God in that world view comes down from heaven. The problem for his adversaries is that Jesus is one of them: they know his father Joseph and his forebears, so how can he be making such a claim? They make the mistake of thinking that this is all there is to know about his origins. "Don't complain" is Jesus' response to them. He proceeds to tell them that there are dimensions of his being of which they know nothing. And yet, they need to know, as do we. It is God who draws us to the teaching and to the way of Jesus. Like the opponents of Jesus, we need to listen and to learn, to be taught by God. We need bread in order to live and we also need the bread of God's teaching.

Jesus makes a future promise: the bread he offers is different from the bread the Israelites ate in the desert, in that those who eat of it will live forever. Furthermore, the bread that he will give for the life of the world is his flesh. This leads to further misunderstanding and the opportunity for Jesus to teach at another level. The eucharistic overtones in today's reading are subtle but nonetheless present, as they were in the feeding story.

John is writing some seventy years after the death of Jesus for communities that gathered every week for the breaking of the bread-in remembrance of him and of all that he enacted. Like the early Christians, we reflect on the meaning of eucharist. We recognise and honour the materiality of the bread that Jesus shares with all living creatures. At the same time, we are invited to reflect on the symbolic or metaphorical resonances of both bread and flesh in the context of the claims of the Johannine Jesus. The question for us then becomes: "How do we live into this extraordinary mystery as we face the demands of our endangered planet and the challenge of dealing with the dislocating effects of pandemic?"

By Sr. Veronica Lawson rsm

YOUTH SECTION

Why are Australia's young people so lonely?



Image Source: <https://www.theguardian.com/australia-news/2024/feb/12/number-of-young-australians-in-psychological-distress-continues-sharp-rise>

Our young people are experiencing a loneliness epidemic.

In the 2023 annual Household, Income and Labour Dynamics in Australia (HILDA) Survey, Australians aged 15 to 24 reported being the **loneliest cohort in the country**.

Social isolation and loneliness can have a significant impact on our mental and physical health.

Adolescents and young people especially rely on social connection and peer acceptance for their sense of belonging, self-esteem, and overall happiness.

Loneliness looks different for everyone, and the causes can change from person to person.

Source: <https://www.raq.org.au/blog/why-are-australia-s-young-people-so-lonely>

FOOD FOR THOUGHT



Image Source:

<https://stmargaretmary.org/bread-of-life/>

The bread symbolises our life. A life that has been ***taken, blessed, broken and given in Christ. If this bread symbolises your own life today, what would you do with it?***

SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY

As we are approaching this significant day on August 15 in the Catholic Church, let us turn our hearts in contemplation to this prayer composed by **Saint Pope Paul IV**:



Image source: <https://www.pinterest.com.au/pin/pinterest-537898749229773755/>

O Immaculate Mary, Assumed into heaven, you who are most blessed in the vision of God: of God the Father who exalted you among all creatures, of God the Son who willed that you bear Him as your Son and that you should be His Mother, of God the Holy Spirit who accomplished the human conception of the Savior in you. O Mary, most pure O Mary, most sweet and beautiful O Mary, strong and thoughtful woman O Mary, poor and sorrowful O Mary, virgin and mother woman very human like Eve, more than Eve. You are near to God by your grace and by your privileges in your mysteries in your mission, in your glory.

O Mary, assumed into the glory of Christ in the complete and transfigured perfection of our human nature.

O Mary, gate of heaven mirror of divine light ark of the Covenant between God and mankind, let our souls fly after you let them fly long your radiant path, transported by a hope that the world does not contain eternal beatitude.

Comfort us from heaven, O merciful Mother, and guide us along your ways of purity and hope till the day of that blessed meeting with you and with your divine Son our Savior, Jesus. Amen!

(Saint Paul VI)

Source: <https://www.vaticannews.va/en/liturgical-holidays/solemnity-of-the-assumption-of-the-blessed-virgin-mary.html>

FOLLOWING THE FOOTSTEPS OF THE AUSTRALIAN SAINT – ST MARY MACKILLOP

A tribute to Saint Mary Mackillop

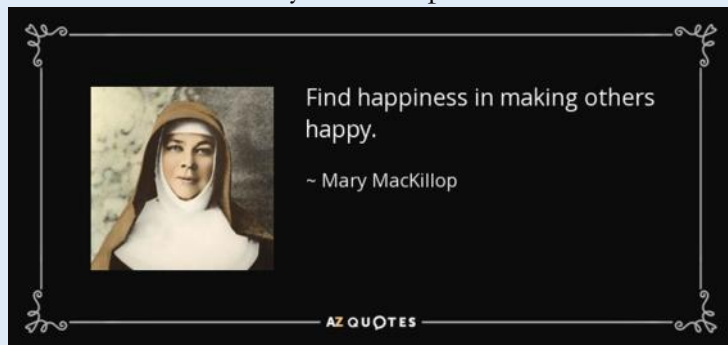


Image Source: https://www.azquotes.com/author/25106-Mary_MacKillop#google_vignette

ST ALPHONSUS FEAST DAY – KEW



The Redemptorist Fathers of Holy Eucharist Parish celebrated their Founder's Feast Day – St Alphonsus Liguori - recently at their formation House in Kew. It was a blessed night of fellowship attended by many confreres, lay people, and staff.

BLESSING OF THE STATIONS OF THE CROSS STATUES AND GARDEN



The Blessing of the Station of the Cross statues and garden was held last Sunday at 10:45am (English) and 11:45am (Vietnamese). It marks another milestone for our parish in celebrating the gift of our faith through this new establishment of sacred space around the church. There were 14 stations altogether. We sincerely thank the many generous people who have made this sacred space to be materialised. It's truly a divine providence. We envision that through this new establishment, it will continue to inspire, encourage, comfort and console anyone who comes and prays in the silence of their hearts. As Jesus said, “*Come to me all who are laden with heavy burdens, and I will give you rest.*” – Matthew 11:28

THE MAN WHO BECAME “BREAD” TO OTHERS – A FINAL FAREWELL TO CHARLIE DESIRA





"I am the living bread which has come down from heaven."
 The familiar words spoken by Jesus in John's Gospel today. These words of Jesus must have prompted Charlie from his younger age to envision it as a call to be the **"bread"** for others by Christ. Hence, for more than 30 years, he dedicated himself to being of service in the Foodbank mission of Holy Eucharist Parish. We can only admire such lifelong dedication in him. Even towards the end of his life, his heart seemed to be brimming with care and love for the people he reached out to. You have fought a good race, Charlie! A source of inspiration to many. You have taught us how to be the **"bread"** for others profoundly just like Christ. May Christ embrace you now in His arms as He leads you to the Father's House and enjoy the eternal presence of the true Bread of Life.

CHURCH CLEANING
 Week starting 14th August 2024
 Group 8 - Samoan Community -
 Jonas & Lia Akenese.

**READERS/COMMENTATOR/
COORDINATOR/EUCHARISTIC
MINISTERS**

- Tues 9:00 AM, 13-08-24**
 Reader Xuan Duong
 Eucharistic Min. Monica Lomen
- Wed 9:00 AM, 14-08-24**
 Reader Carmen Camilleri
 Eucharistic Min. Carmen Camilleri
- Thurs 9:00 AM, 15-08-24**
 Reader: HE School
 Eucharistic HE School
- Fri 9:00 AM, 16-08-24**
 Reader Helen Maddela
 Eucharistic Min. Catherine Bartolo
- Sat 5.00 PM, 17-08-24**
 Lit. Coordinator: Reno Attard
 Commentator: Wendy Forbes-Perera
 Readers: Miriam Vella
 Carmen Camilleri
 Eucharistic Min. Nannette M
 Josephine Cassar
 Reno Attard
- Sun 8.45 AM, 18-08-24**
 Lit. Coordinator Monica Lomen
 Commentator: Shirley Krizmanic
 Readers: Mini Eddy
 Wilma Marmur
 Eucharistic Min. Helen Maddela
 Susan Fatai
 Monica Lomen
- Sun 10:00AM, 18-08-24**
 Lit. Coordinator: Saua Tufuga
 Commentator: Christine Pedroso
 Readers: Rita Martin
 Susan Hallorina
 Eucharistic Min. Br. Tony Gatt
 Joh Cablao
 Saua Tufuga
- Sun 6.00PM, 18-08-24**
 Lit. Coordinator Larnie Mendoza
 Commentator Rod Lalunio
 Readers: Xuan Duong
 Lani Laririt
 Eucharistic Min. Rod Lalunio
 Larnie Mendoza
 Xuan Duong

CHOIR GROUPS

- Saturday 17th August 2024**
 ♦5pm – Tavallo Choir
- Sunday 18th August 2024**
 ♦8.45am - Charlie Schembri
 ♦10.00am - Volunteer choir
 ♦6pm - Angeline Veigas

LET US PRAY FOR

- The Sick**
 Marlene Ferdinand, Pam Norris,
 Pauline Storace, Toni Antonowicz,
 Anna, Maria Kim, Yulette Tanner,
 Stella Sandle, Frank, Doris Carabott.
- Recently Deceased**
 Charlie Desira, Alyssa Amanda Kotsopoulos,
 Carmen Aquilina, Namal de Alwis
- Death Anniversaries**
 Marija Dorinko, Joseph & Anton Mizzi,
 Joseph Formosa, George Cassar,
 Grazio(Horace) Camilleri, Maria Nguyen
 Thi Dao, Hoang Family(Fanxico,
 Maria, Maria & Teresa) & Nguyen
 Family(Joseph, Anna & Maria), Nazareno
 & Josephine Spiteri, Antonio Mifsud,
 Philip Gaudi, Joseph, Frank & John
 Xerri, Cornelio Maddela, Joseph &
 Franc Xiberras, Reno Cauchi, Maria
 Khong Kim Duyen, Giuse Nguyen
 Ba Ky, Mac-co Ngo Van Thinh, Lucia
 Huynh Thi Kim Hue, Phero Ngo
 Minh Truong, Maria Huynh Thi Thanh
 Kieu, Phero Le Nghia, Matta Le Thi
 Linh, Phero Le Quang Tuan, Theresa
 Nguyen Ngoc Giang Thu, Dominico
 Le Ngoc Son, Maria Tran Thi Huong,
 Mary Camilleri, Richard & Connie Curmi,
 Iro & Jessie Vella, Angela Chircop, Peter
 Disco, Wayne Camilleri, Bartolo family,
 Brincat & Galea family, Maria Vu Thi
 Yeu Thuong, Duong Family, Do
 Family, Vincent Duong Kham Su,
 Michael Alphonsus Schiller, Mollie Rice
 (Marie), Raymond Abela and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully acknowledges the Wurundjeri people as the traditional custodians of the land on which we reside and worship.

VOCATION VIEW

To taste and see the goodness of the Lord means to be drawn closer to God. "Try, then, to imitate God as children of His that He loves, and follow Christ by loving as He loved you." Be a presence of God's love in the world today. Do what you can to bring to life God's love.

All information used in accordance with the terms of our privacy policy.