



HOLY EUCHARIST PARISH

1A Oleander Drive, St Albans South 3021
Office Hours: Tues - Fri: 9:00am - 3.30pm
Phone: 9366 1310, Fax: 9366 9359
Email: stalbanssouth@cam.org.au
Website: www.holyeuchariststalban.org



FOURTH SUNDAY OF ADVENT, YEAR C 21st & 22nd December 2024

REDEMPTORIST COMMUNITY

Parish Priest & Mission Leader
Fr Vincent Long Pham, CSsR
Assistants

Fr Joseph Xuan Hieu Nguyen, CSsR
Fr. Dominic Carrigan, CSsR
Fr. Robin Lomangkok, CSsR
Fr. Alan Hewen, CSsR

Parish Secretary

Mary-Lucy Atonio PH: 9366 1310

Parish School Principal

Michael Bonnici PH: 8312 0900

Filipino Chaplain

Fr Joselito Asis

South Sudanese Chaplain

Fr Stephen Battal

MASS TIMES

- ♦ **Tues-Fri:** 9:00am
- ♦ **Saturday:** 6:00pm
7.30pm Vietnamese
- ♦ **Sunday:** 8:45am, 10:00am,
6:00pm
12:00pm Vietnamese

Other Masses

- 1st & 2nd Sun. Sudanese Mass 3pm
- 3rd Sun. Samoan Mass - 2.00pm
- 4th Sun. Filipino Mass - 3.00pm

PARISH OFFICE:

Last Day - 24th December 2024

Reopened - 14th January 2025

FOODBANK:

Last Day - 13th December 2024

Reopened - 7th February 2025

SACRAMENTS:

There will be no baptism and Anointing Mass in January 2025. They will resume in February 2025. Thank You.

CHRISTMAS CELEBRATIONS

- ♦ **Christmas Eve – Tuesday, 24th December 2024**
 - * 6:00pm in English
 - * 8:00pm in Vietnamese
 - * 12:00am in English (*midnight*)
- ♦ **Christmas Day – Wednesday, 25th December 2024**
 - * 9:00am in English
 - * 11.00am in Vietnamese
 - * 6:00pm in English
- ♦ **Dawn Masses**
 - * 16th – 24th Dec. 2024, 5.00am

MERRY CHRISTMAS

From the Parish Priest,
Assisting Priests and everyone
here at the Parish Office, we
would like to wish everyone in
Holy Eucharist Parish
Community and your families
a very Merry Christmas.

May our Christmas season be a
time of reconciliation and
peace, a time of healing,
giving and sharing.

Best wishes for a joyous
Christmas filled with love,
happiness and prosperity.

THANK YOU and God bless.



THE LIVING WORD

First Reading: Micah 5:1-4

He will stand and feed his flock with the power of the Lord

The Lord says this: But you, Bethlehem Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel. He will stand and feed his flock with the power of the Lord, with the majesty of the name of his God. They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.

Responsorial Psalm: Ps. 79(80):2 -3,15-16,18-19

Lord, make us turn to you; let us see your face and we shall be saved.

O shepherd of Israel, hear us,
shine forth from your cherubim throne.

O Lord, rouse up your might,
O Lord, come to our help.

Lord, make us turn to you; let us see your face and we shall be saved.

God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted.

Lord, make us turn to you; let us see your face and we shall be saved.

May your hand be on the man you have chosen,
the man you have given your strength.

And we shall never forsake you again;
give us life that we may call upon your name.

**Lord, make us turn to you; let us see your face
and we shall be saved.**

Second Reading: Hebrews 10:5-10

God, here I am! I am coming to obey your will

This is what Christ said, on coming into the world: You who wanted no sacrifice or oblation, prepared a body for me. You took no pleasure in holocausts or sacrifices for sin; then I said, just as I was commanded in the scroll of the book, ‘God, here I am! I am coming to obey your will.’ Notice that he says first: You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will. He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

Gospel Acclamation Luke 1:38

Alleluia, alleluia!

I am the servant of the Lord:

may his will for me be done.

Alleluia!

Gospel Luke 1:39-45

Why should I be honoured with a visit from the mother of my Lord?

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah’s house and greeted Elizabeth. Now as soon as Elizabeth heard Mary’s greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, ‘Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.’

GOSPEL REFLECTION

The fourth Sunday of Advent draws us closer to the celebration of the Christmas mysteries. The gospel offers the story of the young pregnant woman, Miriam of Nazareth, travelling purposefully from her home town of Nazareth to the hill country of Judaea, some 130 kilometres to the south, to be with an older woman who is also pregnant, her cousin Elizabeth. Mary enters “the house of Zechariah” who remains in the background. While Zechariah is the house-

holder according to Jewish law, his earlier reluctance to believe renders him silent and powerless to offer hospitality. Elizabeth’s contrasting openness to recognise and to affirm the living presence of God in their midst makes her the true householder and foreshadows the reversal that is to characterise the new order, an order that is yet to be fully realised. The two women embrace and, in their loving embrace, the Spirit-filled life gestating within Mary encounters and physically affects the life that is coming to birth in Elizabeth.

Elizabeth’s words resound throughout the ages in the prayer we know as the Hail Mary: “Blessed are you among women, and blessed is the fruit of your womb....” These are the words of one prophetic woman to another. Elizabeth recognises that Mary is blessed by God because she believed that God’s promise to her would be fulfilled. As God’s prophet, Elizabeth gives expression to the faith that is to be embraced by all who accept that Jesus of Nazareth, the son of Miriam of Nazareth, is the Holy One of God (Luke 1:35). The lives of both women prophets have been transformed through the power of God’s Spirit. Their respective children will bring to birth unprecedented events in human history.

Elizabeth’s proclamation of the blessing of God on Mary is found daily on the lips of countless faith-filled Christians across the globe. It echoes the blessing prayer of Moses to the Israelites (Deuteronomy 28: 2-4): “May you be blessed in the city and blessed in the country. Blessed is the fruit of your womb, the produce of your soil and the offspring of your livestock....” This ancient blessing recognizes the interconnection of all God’s creation. We might make it our own blessing prayer. In our times, God’s blessing on the whole Earth community can only become a reality when we stop playing politics in the interests of short-term gains or personal greed, when we read the signs of the times and work together to address the underlying causes of global warming and its effects. Advent is not a time of passive waiting. It is a time to ponder the various ways that God sustains life in its diverse forms. It is a time to become householders, like Elizabeth, who clear the paths and open our doors for the God of life to enter in. It is a time to embrace, to “be there” for one another and to nurture the life that is coming to birth.

By Sr. Veronica Lawson rsm



YOUTH

I'LL NEVER GET SO FAR THAT I WILL FORGET

(Poem for Young people by Frederick Douglas Harper)

I'll never get so far that I'll
Forget those who helped me to become,
I'll never get so far that I'll
Forget those from whom I've come,
I'll never get so far that I'll
Forget my spiritual upbringing and
My moral learnings,
I'll never get so far
That I will simply forget who I am.

FOOD FOR THOUGHT

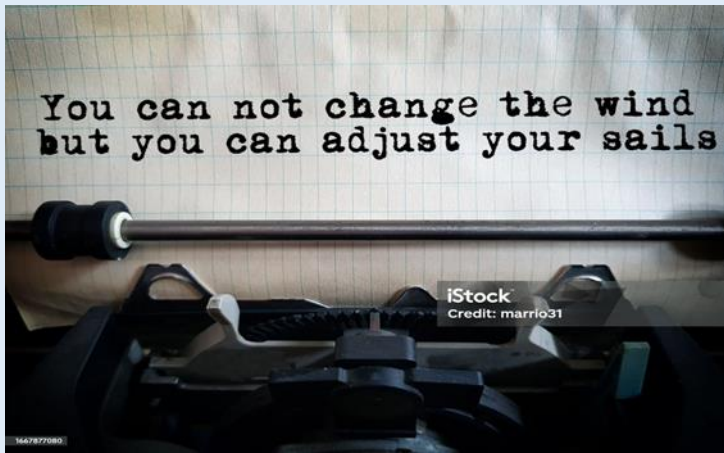


Image Source: <https://www.istockphoto.com/photo/you-can-not-change-the-wind-but-you-can-adjust-your-sails-gm1667877080-535563880?searchscope=image%02Cfilm>

HOW TO TRUST GOD, EVEN IN DIFFICULT TIMES

(Continuation from last week)

5. Look for Things to Be Grateful For



Difficult circumstances can feel all-consuming at times. It can be hard to see past them to other good things going on. But God's grace is in all things—in your waking up, in a sunny day, in a call from a friend. He is in all of it.

But those good times are often overshadowed by other, more complicated things. In the face of those difficulties, God shares His will for you and how you should respond to them.

God calls you to give thanks. He is always working in your life and the world. When everything appears to be falling apart, it can be hard to see how the Good Father is at work, but know His mercy is consistent.

Giving thanks fights the lie that everything is horrible. Even in tragic circumstances, there will be light and grace. God is present and is making Himself known. You need only to look. Trust grows as you look for God's presence in what feels dark and heavy. He never leaves.

Source: <https://www.cru.org/us/en/train-and-grow/spiritual-growth/trust-god.html>

THREE KILLED IN SHOOTING AT US CHRISTIAN SCHOOL



Police officers in Madison had most recently trained for a school shooting scenario about two weeks ago

Image Source: <https://cathnews.com/2024/12/17/three-killed-in-shooting-at-us-christian-school/>

Gun policy and school safety in the United States have once again come under scrutiny following a tragic shooting at a Christian private school in Madison, Wisconsin. The incident claimed the lives of three victims, while several students and teachers sustained severe injuries and were rushed to the hospital. The alleged perpetrator, reportedly a young student from the same school, was found deceased within the school premises. Authorities are still investigating the motive behind the attack.

This year alone, there have been 322 school shootings across the country, resulting in the loss of many young lives. Those who survive such incidents often endure lifelong trauma. Let this tragedy serve as a moment for reflection on how we can better support vulnerable members of our community. Every person is a unique and invaluable gift, deserving of care and protection.

Put together by Fr. Robin Lomangkook CSsR



CONGRATULATIONS and thank you

Holy Eucharist Parish Raffle Drawn 13th December 2024

1. - Mazda CX3

Ticket # 3540 - Phung T Kieu

2. - Flight Voucher(\$2,500)

Ticket # 3045 - Carol Briggs

3. - iPhone 16 Pro

Ticket # 1238 - Tao

4. - Bunnings Voucher (\$1,000)

Ticket # 4252 - Ian P Milford

5.- Gift voucher(\$500)

Ticket # 2919 - Son Tu

Warmest congratulations to all
our RAFFLE WINNERS.

To the Holy Eucharist Fund-
raising Team, words can not
express how grateful we are
for all the great effort you have
put in this 2nd fundraising for
Parish Project. Thank you to
everyone who have helped
with selling and buying the
Raffle. Your generosity and
support have not gone
unnoticed.

Last but not least a big
THANK YOU to all our
Sponsors for your generosity
and amazing effort. God bless.

CHURCH CLEANING

Week starting 26 December
2024 Group 3

Lily Disco, Margaret Bajada,
Cathy Bartolo, Wendy Forbes
-Perera, Shannon Lindsey

**VOLUNTEERS NEEDED
FOR CHURCH CLEANING,
PLEASE SEE LILY DISCO
OR CALL THE PARISH
OFFICE. THANK YOU**

READERS/COMMENTATOR/ COORDINATOR/EUCHARISTIC MINISTERS

Tues 9:00 AM, 24-12-24

Reader Xuan Duong
Eucharistic Min. Monica Lomen

Wed 9:00 AM, 25-12-24

Reader Carmen Camilleri
Eucharistic Min. Carmen Camilleri

Thurs 9:00 AM, 26-12-24

Reader: Shirley Krizmanic
Eucharistic Shirley Krizmanic

Fri 9:00 AM, 27-12-24

Reader Helen Maddela
Eucharistic Min. Catherine Bartolo

Sat 6.00 PM, 28-12-24

Lit. Coordinator: Reno Attard
Commentator: Miriam Vella
Readers: Violeta Montoro
Carmen Camilleri
Eucharistic Min. Wendy Forbes-Perera

Alaistair Surrao & Reno Attard

Sun 8.45 AM, 29-12-24

Lit. Coordinator Monica Lomen
Commentator: Helen Maddela
Readers: Gerard Bennett
Salve Nidea
Eucharistic Min. Wilma Marmur,
Helen Maddela & Monica Lomen

Sun 10:00AM, 29-12-24

Lit. Coordinator: Rita Martin
Commentator: Christine Pedroso
Readers: St Francis Choir
St Francis Choir
Eucharistic Min. Br. Tony Gatt
Rita Martin & Christine Pedroso

Sun 6.00PM, 29-12-24

Lit. Coordinator Xuan Duong
Commentator Larnie Mendoza
Readers: Lani Laririt
Rod Lalunio
Eucharistic Min. Larnie Mendoza
Xuan Duong & Lani Laririt

CHOIR GROUPS

Saturday 28th December 2024

♦ 6.00pm – Volunteers

Sunday 29th December 2024

♦ 8.45am - Charlie Schembri
♦ 10.00am - St Francis Choir
♦ 6.00pm - Volunteers

LET US PRAY FOR

The Sick

Fr. Peter Carrucan, Marlene Ferdi-
nand, Pam Norris, Toni Antonowicz,
Anna, Maria Kim, Yulette Tanner,
Stella Sandle, Frank, Doris Carabott.

Recently Passed

Tony Cuschieri, Rosemary Varney

Death Anniversaries

Jan & Jovan Vala, Elizabeth & Jan Danicek,
Maria Lojdova, Stefan Kolek, Ana Danicek,
George, Angela, Maria Charles Bugeja, Ahysa
& Chris Kotsopoulos, Georga, Rose & John
Frendo, Kolina, Angela & George Muscat,
Carmen & George Cassar, George & Lucy
Cauchi, Tona Borg, Ian Ness, William Miller,
Mekelina Azopardi, Emille Ranasinghe,
Charlie, Mary, Alby, Peter Spiteri & family,
Ignatius, Esther, Joseph Borg & family,
Laurance, Elizabeth Zarafa & family, Antonia,
Aliso Spiteri & family, Tony Vella, Fred
Sammut, Rita Buhagiar, Jessie Pace, Josie Micullef
& family, Carmelo, Mary, Henry, Giuseppe &
Faraci family, Marko Dorinko, Tony Batch,
Joseph Formosa, Grazio(Horace) Camilleri,
Maria Nguyen Thi Dao, Hoang Family
(Famxico, Maria, Maria & Teresa) & Nguyen
Family(Joseph, Anna & Maria), Nazareno &
Josephine Spiteri, Antonio Mifsud, Philip Gauci,
Joseph, Frank & John Xerri, Cornelio Maddela,
Joseph & Franc Xiberras, Reno Cauchi, Maria
Khong Kim Duyen, Giuse Nguyen Ba Ky, Simon
Ngo Dong Thoi, Anna Nguyen Thi Quoi,
Phamxico Xavie Huynh Huu Hau, Anna Tram
Thi Tham, Macco Ngo Van Thinh, Lucia
Huynh Thi Kim Hue, Maria Huynh Thi Thanh
Kieu, Phero Ngo Minh Truong, Phero Le Nghia,
Matta Le Thi Linh, Phero Le Quang Tuan,
Theresa Giang Thu, Dominico Le Ngoc Son,
Maria Tran Thi Huong, Mary Camilleri,
Richard & Connie Curmi, Iro & Jessie Vella,
Angela Chircop, Peter Disco, Wayne Camilleri,
Bartolo family, Brincat & Galea family, Maria
Vu Thi Yeu Thuong, Duong Family, Do
Family, Vincent Duong Kham Su, Michael
Alphonsus Schiller, Mollie Rice (Marie),
Raymond Abela and All Souls

SAFETY FOR ALL

Holy Eucharist Parish is commit-
ted to the safety, wellbeing and
dignity of all children, young
people and vulnerable adults.

ACKNOWLEDGEMENT

Holy Eucharist parish respectfully
acknowledges the Wurundjeri people as
the traditional custodians of the land on
which we reside and worship.

VOCATION VIEW

Can you honestly pray: "I have come
to do your will, O God"? Blessed are
you who trusts that the Lord's words
to you will be fulfilled

All information used in accordance with
the terms of our privacy policy.